

CURRICULUM VITAE

Name Ellen Abell

Address Department of Family and Child Development
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School of Human Sciences
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Education 1993 Ph.D. Individualized Interdisciplinary, Washington State University
1989 M.A. Child and Family Studies, Washington State University
1977 B.A. Liberal Arts & Sciences, University of Illinois

Professional Experience

1999 - present Associate Professor, Human Development and Family Studies, Auburn University
State Extension Specialist, Alabama Cooperative Extension System

1993 to 1999 Assistant Professor, Human Development and Family Studies, Auburn University
State Extension Specialist, Alabama Cooperative Extension System

1990 to 1993 Doctoral Research Assistant, Rural Sociology, Washington State University

1989 to 1990 Visiting Assistant Professor, Child and Family Studies, Washington State University

1986 to 1989 Research Assistant, Child and Family Studies, Washington State University

Honors and Awards

2014 Accreditation Facilitation Award", presented by the National Association of Family Child Care

2013 HDFS Faculty Excellence Award

2012 "Friends of NAFCC Award", presented by the National Association of Family Child Care

2006 *Extramural Funding Award*, Alabama Cooperative Extension System

2003 *Exemplary Program Evaluation Award*, U.S. Department of Agriculture, Cooperative State Research, Extension, and Education Service, Children Youth and Families at Risk Initiative

2001 *Extramural Funding Award*, Alabama Cooperative Extension System

2000 *Superior Service Award*, Alabama Cooperative Extension System

1999 *National Teamwork in Extension Award*, Epsilon Sigma Phi

1998 *State Teamwork in Extension Award*, Epsilon Sigma Phi (Alabama Chapter)

1996 *Dean's International Faculty Development Grant*, School of Human Sciences, Auburn University

1990 Research Fellow, Social and Economic Sciences Research Center, Washington State University

1988 *Margaret M. Hard Research Award*, College of Agriculture and Home Economics, Washington State University, 1988

Memberships

National Council on Family Relations
Society for Research in Child Development
National Association of Family Child Care

Funded Competitive Grants and Contracts

Oct 2014 – Sep 2015 Principal Investigator and Project Director. Co-principal investigator: E. Miller. The *Family Child Care Partnerships Program*. One-year extension of contract funding statewide outreach project delivering in-home mentoring services to state-licensed family child care

providers in order to increase the quality of caregiving practices and support providers to achieve national accreditation standards. Alabama Department of Human Resources. \$1,236,874.

- Nov 2013 – Dec 2014 Principal Project Co-director with E. Miller. *Enhancing Provider Professional Development and Children's School Readiness*. Foundation support to extend the reach and benefits of participating in the FCCP annual family child care conference and for FCCP to develop additional training modules targeting infant brain development and learning. PNC Foundation. \$30,000.
- Oct 2013 – Sep 2014 Principal Investigator and Project Director. Co-principal investigator: E. Miller. The *Family Child Care Partnerships Program*. One-year extension of contract funding statewide outreach project delivering in-home mentoring services to state-licensed family child care providers in order to increase the quality of caregiving practices and support providers to achieve national accreditation standards. Alabama Department of Human Resources. \$1,216,874.
- Nov 2012 – Dec 2013 Principal Project Co-director with E. Miller. *Enhancing Provider Professional Development and Children's School Readiness*. Foundation support to extend the reach and benefits of participating in the FCCP annual family child care conference and for FCCP to develop additional training modules targeting children's learning in science, math, and the arts. PNC Foundation. \$26,400.
- Oct 2011 – Sep 2013 Principal Investigator and Project Director. Co-principal investigator: E. Miller. The *Family Child Care Partnerships Program*. Two-year contract funding statewide outreach project delivering in-home mentoring services to state-licensed family child care providers in order to increase the quality of caregiving practices and support providers to achieve national accreditation standards. Alabama Department of Human Resources. \$2,433,748.
- Oct 2010 – Sep 2011 Principal Investigator and Project Director. Co-principal investigator: E. Miller. The *Family Child Care Partnerships Program*. One-year extension of statewide outreach project delivering in-home mentoring services to state-licensed family child care providers in order to increase the quality of caregiving practices and support providers to achieve national accreditation standards. Alabama Department of Human Resources. \$1,187,194.
- Oct 2009 – Sep 2010 Principal Investigator and Project Director. Co-principal investigator: E. Miller. The *Family Child Care Partnerships Program*. One-year extension of statewide outreach project delivering in-home mentoring services to state-licensed family child care providers in order to increase the quality of caregiving practices and support providers to achieve national accreditation standards. Alabama Department of Human Resources. \$1,411,879.
- Oct 2007 - Sep 2009 Principal Investigator and Project Director. Co-principal investigator: E. Miller. The *Family Child Care Partnerships Program*. Statewide outreach project delivering in-home mentoring services to state-licensed family child care providers in order to increase the quality of caregiving practices and support providers to achieve national accreditation standards. Alabama Department of Human Resources. \$2,598,069.
- May 2003 – Apr 2008 Principal Investigator and Project Director. Co-principal investigators: K. Tajeu, F. Adler-Baeder. *Begin Education Early and Healthy: Strengthening Rural Alabama Families*. Development and delivery of a mobile, rural family life education program in three high poverty-level counties in Alabama. U.S. Department of Agriculture, Cooperative State Research, Extension, and Education Service, Children Youth and Families at Risk Initiative. \$690,000.

- Oct 2005 - Sep 2007 Principal Investigator and Project Director. Co-principal investigator: E. Miller. The *Family Child Care Partnerships Program*. Alabama Department of Human Resources. \$2,673,783.
- Oct 2003 - Sep 2005 Principal Investigator and Project Director. Co-principal investigator: E. Miller. The *Family Child Care Partnerships Program*. Alabama Department of Human Resources. \$2,567,175.
- Aug 1997 – July 2004 Co-principal Investigator with E. B. Shields. *The Begin Education Early (BEE) Program, Choctaw County*. Implementation of a mobile, rural parenting and early childhood education program in one Alabama Black Belt county. Children’s Trust Fund of Alabama. \$219,900.
- Oct 2001 - Sep 2003 Principal Investigator and Project Director. Co-principal investigator: E. Miller. The *Family Child Care Partnerships Program*. Alabama Department of Human Resources. \$2,643,003.
- May 1997 – Apr 2002 Co-principal Investigator with M. Johnson. *Beginning Education Early: Strengthening Rural Alabama Families*. Development and delivery of a mobile, rural parenting and early childhood education program in three Alabama Black Belt counties. U.S. Department of Agriculture, Cooperative State Research, Extension, and Education Service, Children Youth and Families at Risk Initiative. \$750,000.
- Oct 2000 - Sep 2001 Principal Investigator and Project Director. The *Family Child Care Partnerships Program*. Development of a statewide outreach project delivering in-home mentoring services to state-licensed family child care providers in order to increase the quality of caregiving practices. Alabama Department of Human Resources. \$1,119,885
- Aug 1997 – July 1998 Co-principal Investigator with J. Hollinger. *The Begin Education Early (BEE) Program, Wilcox County*. Implementation of a mobile, rural parenting and early childhood education program in one Alabama Black Belt county. Children’s Trust Fund of Alabama. \$36,000.
- Aug 1996 – July 1997 Co-principal Investigator with E. B. Shields. *The Begin Education Early (BEE) Program, Choctaw County*. Development and piloting of a mobile, rural parenting and early childhood education program in one Alabama Black Belt county. Children’s Trust Fund of Alabama. \$40,100.
- Aug 1995 – July 1996 Co-principal Investigator with E. B. Shields. *The Begin Education Early (BEE) Program, Choctaw County*. Development and piloting of a mobile, rural parenting and early childhood education program in one Alabama Black Belt county. Children’s Trust Fund of Alabama. \$20,000.

Peer-reviewed Research and Extension Publications

Abell, E., Arsiwalla, D.D., Putnam, R.I., & Miller, E. B. (In press.) Mentoring and facilitating professional engagement as quality enhancement strategies: An overview and evaluation of the Family Child Care Partnerships program. *Child and Youth Care Forum*. DOI: 10.1007/s10566-014-9254-1

Smith, C. B., Duncan, S. F., Ketring, S., & Abell, E. (2014). Assessing marriage and relationship education in Aruba. *Journal of Couples and Relationship Therapy*, 13, 133-152.
DOI:10.1080/15332691.2013.871614

- Abell, E. (In press.) The emotional experience of parenting. HE – 0950. Self-Aware -- Parenting with Heart series. Alabama Cooperative Extension System: Auburn, AL.
- Abell, E. (In press.) Social emotional competence begins at home. HE – 0951. Self-Aware -- Parenting with Heart series. Alabama Cooperative Extension System: Auburn, AL.
- Abell, E. (In press.) Parenting with self-awareness. HE – 0952. Self-Aware -- Parenting with Heart series. Alabama Cooperative Extension System: Auburn, AL.
- Abell, E. (In press.) Parenting and emotional self-control. HE – 0953. Self-Aware -- Parenting with Heart series. Alabama Cooperative Extension System: Auburn, AL.
- Abell, E. (2013.) Baby, Let's Eat! HE-0969-A. Alabama Cooperative Extension System: Auburn, AL.
- Abell, E. (2013.) Baby, Let's Sleep! HE-0969-B. Alabama Cooperative Extension System: Auburn, AL.
- Abell, E. (2013.) Baby, Be Calm! HE-0969-C. Alabama Cooperative Extension System: Auburn, AL.
- Abell, E. (2013.) Baby, Be Good! HE-0969-D. Alabama Cooperative Extension System: Auburn, AL.
- Abell, E., Moates, K.D., & Guarino, A. (2007). Implications of co-residential status for parenting programs targeting adolescent mothers. *Journal of Extension* [On-line], 45(3) Article 3RIB8. Available at: www.joe.org/joe/2007june/rb8.shtml
- Abell, E., & Hruska, J. (2003). Why Can't Kids Just Wait? (HE-810.) Alabama Cooperative Extension System: Auburn, AL.
- Abell, E. (2000.) "Good Beginnings: Early Child Development, Parenting Education, Learning and School Readiness Tips." (HE-801-809.) Alabama Cooperative Extension System: Auburn, AL.
- Korth, B. B., Colwell, M. J., & Abell, E. (1999.) Extending the reach of human development and family studies information through satellite technology: The Principles of Parenting series. *Family Science Review*, 12.
- Abell, E., Mize, J., & Shields, E.B. (1999.) Challenges to providing parenting education in rural, low-resource communities: Lessons from the Begin Education Early Program. *Family Science Review*, 12, 87-100.
- Abell, E., & Azria, M. (1997.) Getting young children ready to learn. HE-722. Alabama Cooperative Extension System: Auburn, AL.
- Abell, E. & Ludwig, K. (1997.) Designing curricula for adolescent parents: Developmental and contextual considerations. *Journal of Family and Consumer Sciences*, 89, 41-44.
- Abell, E., & Gecas, V. (1997.) Poverty, parental distress, and children's school performance. *Family Perspective*, 30, 323-335.
- Abell, E., & Gecas, V. (1997). Guilt, shame, and family socialization: A retrospective study. *Journal of Family Issues*, 18, 99-123.
- Abell, E., Clawson, M., Washington, W.N., Bost, K.K., & Vaughn, B.E. (1996.) Parenting values, attitudes, behaviors, and goals of African-American mothers from a low income population in relation to social and societal contexts. *Journal of Family Issues*, 17, 593-613.
- Mize, J., & Abell, E. (1996). Encouraging social skills in young children: Tips teachers can share with parents. *Dimensions*, 3, 15-23.

Abell, E. (1996.) Infant crying: "I'm trying to tell you something!" HE-717. Principles of Parenting Series, Alabama Cooperative Extension System: Auburn, AL.

Abell, E. (1996.) Am I spoiling this child? HE-718. Principles of Parenting Series, Alabama Cooperative Extension System: Auburn, AL.

Abell, E. (1996.) Helping young children behave. HE-719. Principles of Parenting Series, Alabama Cooperative Extension System: Auburn, AL.

Abell, E. (1996.) Talking so young children understand. HE-720. Principles of Parenting Series. Alabama Cooperative Extension System: Auburn, AL.

Abell, E. (1996.) Coping with your toddler and toilet training. HE-721. Principles of Parenting Series. Alabama Cooperative Extension System: Auburn, AL.

Abell, E., & Goddard, H.W., and in collaboration with Child Care Resource Center. (1996.) Ages and Stages pamphlets. HE-730a –i. Alabama Cooperative Extension System: Auburn, AL.

Other publications

Abell, E. Minding our future: Investing in healthy infants and toddlers. Essay written for the 2014 Issue Guide for Alabama Issues Forums, David Mathews Center for Civic Life.

Peer-reviewed Research and Extension Publications (Under Review or In Preparation)

Newby, K., Abell, E., & Adler-Baeder, F. (Under revision.) The effects of parental self-efficacy on the generational structure and dyadic quality of young unmarried mothers' co-parenting relationships.

Abell, E., Cummings, R., & Wells Marshall, Jennifer. (Under revision). Program implementation: Inside the "black box" between program design and program outcomes.

Abell, E., & Beckstead, C. (In preparation.) Incorporating research about the experience and regulation of emotions into the knowledge base of parent educators.

Dickerson, L.K., & Abell, E. (In preparation.) Relations between depressive symptoms and work-family stress among family child care providers: The mediating role of emotional self-efficacy.

Presentations at National and Regional Meetings

Dickerson, L.K., & Abell, E. (November 2014). Emotional self-efficacy, work-family stress, and depression in family child care. Poster accepted for presentation at the annual conference of the National Council on Family Relations, Baltimore, MD.

Ebata, A., Bowers, J., Nelson, P.T., Kelly, J., Behnke, A., Abell, E., Martin, S., & Stone, M. (September 2013). Reaching a new generation of mobile parents "Just in Time". Joint Council of Extension Professionals Galaxy Conference, Pittsburgh, PA.

Abell, E. (April 2013). Emotion education as a means to enhance the social and emotional health of caregivers. Priester National Health Extension Conference, Corvallis, OR.

Abell, E. (April 2011). SELF-AWARE: Parenting for Social and Emotional Health. Workshop presentation at the DoD/USDA Family Resilience Conference, Chicago, IL.

- Abell, E. (April 2011). SELF-AWARE: Parenting for Social and Emotional Health. Workshop presentation at the DoD/USDA Family Resilience Conference, Chicago, IL.
- Abell, E., & Ebata, A. (April 2011). "Just in Time Parenting" Resources for Family Support Professionals. Computer lab workshop presented at the DoD/USDA Family Resilience Conference, Chicago, IL.
- Ma, Y., & Abell, E. (November 2010). Examining the validity and reliability of a measure of child care motivation. Presentation at the annual conference of the National Council on Family Relations, Minneapolis, MN.
- Newby, K., Abell, E. & Adler-Baeder, F. (November 2010). Young unmarried mothers' relationships and their effects on parental self-efficacy. Presentation at the annual conference of the National Council on Family Relations, Minneapolis, MN.
- Ebata, A., Abell, E., Behnke, A., Futris, T., & Nelson, P.T., et al. (November 2010). Just in Time Parenting (JITP). Presented as part of the Innovative Programs 2010 showcase at the NCFR Extension Pre-Conference. Minneapolis, MN.
- Abell, E., Keiley, M.K., Miller, E., & Ma, Y. (November 2009). Improving family child care through mentoring: Trajectories of change. Presentation at the annual conference of the National Council on Family Relations, San Francisco, CA.
- Abell, E., & Dorr, K. (November 2003). The effects of different living arrangements on the parenting practices of adolescent mothers. Presentation at the annual conference of the National Council on Family Relations, Vancouver, B.C.
- Adler-Baeder, F., & Abell, E. (November 2003). Young mothers and partners: Exploring intra-generational and inter-generational co-parenting relationships and the effects on mothers' parenting practices. Paper presented as part of a symposium at the annual conference of the National Council on Family Relations, Vancouver, B.C.
- Abell, E., & Adler-Baeder, F. (2003, April). Adolescent mothers and partners: Exploring co-parenting relationships and the effects on mothers' parenting practices. Paper presented at the Bridging Adolescent Pregnancy, Parenting and Sexuality (BAPPS) conference, Phoenix, AZ.
- Abell, E. (2002, July). A mentoring approach to achieving quality in family child care. Session presented at the annual conference of the National Association of Family Child Care, San Diego, CA.
- Abell, E., & Miller, E.B. (2001, November). Childcare quality partnerships: Programmatic pathways to improvement. Presented at the annual conference of the National Council on Family Relations, Rochester, NY.
- Bartoszuk, K., & Abell, E. (1999, February). Providing parenting education in rural, low-resource communities: Results from the Begin Education Early (BEE) program. Paper presented at the annual conference of the Southeastern Council on Family Relations, Atlanta, GA.
- Cummings, R., & Abell, E. (1999, February). Factors affecting the implementation and replication of family-based programming. Paper presented at the annual conference of the Southeastern Council on Family Relations, Atlanta, GA.
- Abell, E. (1998, November). Factors related to the replication of a parenting and early childhood development education program for rural families. Presented at the annual conference of the National Council on Family Relations, Milwaukee, WI.
- Abell, E., & Shields, E.B. (1998, March). Home Visiting Parenting Education: Training Paraprofessional Staff. Presented at the USDA-CSREES Children, Youth, and Families at Risk Conference, Tucson, AZ.

Extension/Outreach Train-the-Trainer and Educational Workshops

FCD Spring training meeting. April 14-16, 2014. Orange Beach, AL.

“Enhancing Emotional Resilience in Child Care Settings: Please Secure Your Own Oxygen Mask Before Assisting Children.” Workshop presented to 100 child care professionals. February 1, 2014. Muscle Shoals, AL.

“Emotional Literacy and Healthy Self-Control”: Skills to Learn and Teach.” Workshop presented to 50 child care professionals. September 28, 2013. Grove Hill, AL.

“Emotional Literacy and Healthy Self-Control”: Skills to Learn and Teach.” Workshop presented to 70 child care professionals. September 7, 2013. Muscle Shoals, AL.

“Protecting and Expanding Your Emotional Health.” Workshop presented to 41 family child care professionals at the Annual Focus on Family Child Care Conference. June 7, 2013. Auburn, AL.

“The Way I Feel: Promoting Children’s Emotional Health.” Workshop presented to 18 family child care professionals at the Annual Focus on Family Child Care Conference. June 7, 2013. Auburn, AL.

“Parenting Hot Spots: Connecting with your Baby.” Two 6-hour training sessions presented to a total of 45 community-based parent educators as part of the e-Baby Project, a NIFA-funded initiative developed by Dr. Kathleen Ragsdale (Social Science Research Center, Mississippi State University) in collaboration with JITP to enhance early infant feeding practices among low-income first-time teen/young mothers. May 22-23, 2013. Starkville/Greenville, MS.

“Understanding Bullying: Overview for Education Professionals” Anti-bullying education training for 9 ACES Regional Extension Agents, developed in consultation with Dr. Stephen Erath. April 11, 2013. Montgomery, AL.

“The Whole-Brain Child”. Presentation and facilitation of reading group discussion for 6 parents from the AU Early Learning Center. November 15, 2012. Auburn, AL.

FCCP Mentor Fall training meeting. Attended by 20 FCCP staff members. October 24, 2012. Auburn, AL.

FCCP Mentor Spring training meeting. Attended by 20 FCCP staff members. March 22, 2012. Auburn, AL.

Annual Focus on Family Child Care Conference, attended by 140 professionals in family child care and related fields. June 8-9, 2012. Auburn, AL.

“Protecting Your Social and Emotional Health”. Train the trainer presentation for 9 ACES Extension Regional Agents ACES. Family & Child Development PPT Fall training meeting. October 4-5, 2012. Foley, AL.

“Understanding and Protecting your Emotional Health”. Workshop presented to 10 adults as part of the Talladega County "Building Wealth and Health" series. September 25, 2012. Talladega, AL.

“Understanding and Protecting your Emotional Health”. Workshop presented to 12 adults as part of the Randolph County "Building Wealth and Health" series. September 22, 2012. Roanoke, AL.

“Creating Climate Change: Emotions, Behavior, and Learning in the Classroom and at Home”. Workshop presented to 12 Pre-K aides and home visiting professionals as part of Eufala Public Schools pre-service training conference. August 17, 2012.

“Creating Climate Change: Adults’ Emotional Awareness”. Workshop presented to 12 Pre-K aides and home visiting professionals as part of Eufala Public Schools pre-service training conference. August 17, 2012.

"Building Healthy Self-Control: Skills to Teach and Learn." Workshop for 75 Chambers County Head Start teachers/professionals. Lafayette, AL. June 13, 2012.

"Understanding and Protecting your Emotional Health". Workshop presented to 10 adults as part of the Chambers County "Building Wealth and Health" series. Lafayette, AL. June 12, 2012.

Annual Focus on Family Child Care Conference, attended by 140 professionals in family child care and related fields. Auburn, AL. June 8-9, 2012.

FCCP Mentor Spring training meeting. Attended by 20 FCCP staff members. Auburn, AL. March 22, 2012.

"Minding your Social Emotional Health: Emotions in the Workplace". Workshop presented to 4 pre-K teachers. Eufala, AL. February 23, 2012.

"Protecting Your Social and Emotional Health". Train the trainer presentation for 18 Extension educators from LA and AL selected to pilot the Building Health and Wealth series designed for caregivers. Baton Rouge, LA. February 2-3, 2012.

Parenting for Social and Emotional Health. Workshop for 14 parents. Oxford, AL. November 28, 2011.

Staying Sane by Changing your Mind. Workshop for 25 child care professionals. Robertsdale, AL. September 17, 2011.

Building Children's self-Control through Everyday Activities. Workshop for 25 child care professionals. Robertsdale, AL. September 17, 2011.

Annual Focus on Family Child Care Conference, attended by 120 professionals in family child care and related fields. Auburn, AL. June 10-11, 2011.

"Feeling Good" - A Key to Effective Guidance: Monroe County Child Care Provider Training. (Workshop and resources developed for presentation by Margaret Odom, Regional Extension Agent child care professionals.) Monroeville, AL. April 30, 2011.

Family Strengths and Stresses in Hard Times. Workshop for 15 child care professionals. Foley, AL. August 26, 2010.

SELF-AWARE: Social Emotional Learning for Adults. 6-hour training for 21 Extension educators. Wetumpka, AL. August 25, 2010.

Parenting for Social and Emotional Health. Invited presentation to the "Let's Get Real: Healthy Teens, Healthy Families and Responsible Fatherhood Regional Summit". Montgomery, AL. July 14, 2010.

Annual Focus on Family Child Care Conference, attended by 125 professionals in family child care and related fields. Auburn, AL. June 26, 2010.

Caring for Infants & Toddlers/Caring for Ourselves. FCCP-sponsored workshop attended by 30 child care professionals attending the Focus on Family Child Care Conference. Auburn, AL. June 26, 2010.

Where Self-Regulation and Language Skills Meet: Children's Challenging Behaviors. 4-hour training for 5 BEE educators in Tuscaloosa, AL. May 25, 2010.

Healthy social and emotional growth in infants and toddlers. Training for 20 FCCP mentors and staff. Auburn, AL. April 12, 2010.

Social emotional skills for teachers: Setting a positive tone for learning. Workshop attended by 63 early childhood educators at the Mississippi Early Childhood Association Annual Conference. Biloxi, MS. October 2, 2009.

Social Emotional Skills for Adults. 4-hour training for 5 BEE educators in Tuscaloosa, AL. September 30, 2009.

7th Annual Focus on Family Child Care Conference, attended by 140 professionals in family child care and related fields. Auburn, AL. June 20, 2009.

Creating a positive social emotional climate in your family child care home. FCCP-sponsored workshop attended by 20 child care professionals attending the Focus on Family Child Care Conference. Auburn, AL. June 20, 2009.

Social emotional skills for caregivers: Setting a positive tone for learning. Workshop attended by 20 child care professionals. Bay Minette, AL. May 12, 2009.

When it feels good to learn: Strengthening young minds and hearts. Workshop attended by 16 Head Start parents. Ashland, AL. April 30, 2009.

Social emotional skills for adults: Setting a positive tone in your professional relationships. Training for 22 FCCP mentors and staff. Auburn, AL. April 30, 2009.

Social emotional skills for teachers: Setting a positive tone for learning. Workshop attended by 66 early childhood educators at the Alabama Pre-K Conference. Montgomery, AL. April 9, 2009.

Social emotional fitness: Getting in shape. Workshop attended by 34 child care professionals. Talladega, AL. March 30, 2009.

Implementing a board self-evaluation process. Training for 21 members of the Board of Trustees of the Federation of Child Care Centers of Alabama. Montgomery, AL. March 13, 2009.

Using the FCD Parenting Evaluation Guide. Training for 8 Regional Extension Agents. Auburn, AL. January 14, 2009.

Your child – Ready to learn. Workshop attended by 18 parents and teachers as part of the Dothan City Schools “Yes We Can” Parent Involvement Summit. Dothan, AL. October 28, 2008.

Your child – Ready to learn. Workshop attended by 13 parents and teachers as part of the Dothan City Schools “Yes We Can” Parent Involvement Summit. Dothan, AL. October 21, 2008.

Why do children act like that? FCCP-sponsored workshop for 24 child care professionals attending the Focus on Family Child Care Conference. Auburn, AL. June 21, 2008.

6th Annual Focus on Family Child Care Conference, attended by 130 professionals in family child care and related fields. Auburn, AL. June 21, 2008.

New resources in family and child development. Training for 8 Regional Extension Agents. Foley, AL. June 6, 2008.

Why do children act like that? ACES-sponsored workshop for 17 child care providers. Monroeville, AL. May 17, 2008.

Why do they act like that? Part II: Teaching children social emotional skills. Training for 8 teachers of the 3-year-old class at the Harris Early Learning Center. Birmingham, AL. May 7, 2008.

Why do they act like that? Part I: Children’s challenging behaviors. Training for 8 teachers of the 3-year-old class at the Harris Early Learning Center. Birmingham, AL. April 25, 2008.

Implementing Provider Modules on Children's Social Emotional Skills. Training for 11 FCCP mentors. Auburn, AL. April 21-23, 2008.

Why do they act like that? Children's challenging behaviors. ACES-sponsored workshop for 20 child care providers. Valley, AL. April 8, 2008

Implementing Provider Modules on Children's Social Emotional Skills. Training for 9 FCCP mentors. Auburn, AL. January 28-29, 2008.

Charting our path to excellence. 2-day training facilitated for 22 mentors and 4 FCCP staff. Auburn, AL. October 29-30, 2007.

Reducing children's challenging behaviors. ACES-sponsored workshop for 30 professionals in early childhood and related fields. Selma, AL. August 25, 2007.

5th annual Focus on Family Child Care Conference, attended by 110 professionals in family child care and related fields. Opelika, AL. July 27-28, 2007.

Children's challenging behaviors and links to social emotional skills. ACES-sponsored workshop for 14 professionals in early childhood and related fields. New Brockton, AL. July 13, 2007.

Why do they act like that? Children's challenging behaviors. ACES-sponsored workshop for 28 child care providers. Valley, AL. June 28, 2007.

Why do they act like that? Children's challenging behaviors. ACES-sponsored workshop attended by 3 professionals in the child welfare field. Wedowee, AL. April 26, 2007.

Emotional hot spots for parents. Training for BEE educators in Tuscaloosa, AL. April 20, 2007.

Linking children's challenging behaviors to social-emotional skills. ACES-sponsored workshop for 9 child care center teachers. Bay Minette, AL. April 19, 2007.

Back to the Future: Reviewing Family Child Care Partnerships' Vision and Mission for 2007-2010. Workshop facilitated for 22 mentors and 4 FCCP staff. Auburn, AL. March 27, 2007.

Capturing parent progress and BEE Impact: Using and revising the Family Enrollment Packet. Training for BEE educators. Camden, AL. June 13, 2006.

Increasing your Effectiveness in Working with Parents. Training for BEE educators in Greensboro, AL. December 1, 2006.

Children's Social-Emotional Development. Training for BEE educators in Greensboro, AL. December 1, 2006.

4th annual Focus on Family Child Care Conference, attended by 130 professionals in family child care and related fields. Montgomery, AL. June 9-10, 2006.

The Child Care Landscape in Alabama. Workshop presentation to agents attending REA/CEC training in Family and Child Development, Birmingham Botanical Gardens, January, 2005.

Building an FCD Priority Program Team. Co-presented with Wilma Ruffin to agents attending REA/CEC training in Family and Child Development. Birmingham, November 2004.

Foundations of Discipline and Authority. Workshop session presented to agents attending the Multi-state Agent Training in Gulf Shores. March 17, 2004.

BEE pre-service training for new BEE educators (and refresher for experienced educators). Selma. March 15, 2004.

Foundations in Discipline and Guidance: Applications to Family Child Care. Session presented to 4 FCCP mentors, January, 2004.

Because I say so! The use of authority and effective parenting. Session presented to Extension Child, Youth, Family, and Community agents at the Family Matters Spring 2003 Conference, April 2003.

Family Matters Spring 2003 Conference (In-service training organized with Francesca Adler-Baeder and Jennifer Kerpelman). Dadeville, AL. April 10-11 2003.

Family Child Care Partnerships mentor training (Inservice training organized and presented with FCCP staff.) May, July, September 2002, November, February, April 2003.

Foundations in Discipline and Guidance: Applications to Family Child Care. (Session presented to 23 FCCP mentors.) February 2003.

BEE Quarterly Training. (Quarterly training organized for BEE program assistants working in 5 counties.) November 2002, February 2003.

Foundations in Discipline and Guidance: Applications to Parent Education. Session presented to BEE program assistants, February 2003.

Making a Difference: What BEE families are telling you about your work. Session presented to BEE program assistants, November 2002.

Overcoming the Risks on the Road to School Readiness. (Statewide conference/in-service training for Extension agents and educators working with families and young children at risk.) May 13-15, 2002.

Mentoring Skills: Basic, intermediate, and advanced. (Workshop session presented at FCCP Summer Training Workshop, and repeated at new mentor training). Auburn, AL. June 2001 and January 2002.

Focus on Family Child Care: Going Above and Beyond (First annual statewide family child care provider conference, organized with assistance of FCCP staff). Selma, AL. September 28-29, 2001.

BEE Quarterly Training. (Quarterly training organized and presented with J.Hruska for BEE program assistants working in 5 counties). May, September 2001.

Family Child Care Partnerships mentor training (Inservice training organized and presented with FCCP staff for 21 mentors). March 12, 2001. Clanton, AL.

Family Child Care Partnerships mentor training (Inservice training organized and presented with FCCP staff for 21 mentors). January 22, 2000. Auburn, AL.

Beginning Education Early: What's All the Buzz About? Session presented at the Alabama Cooperative Extension System 2000 State Conference. December 7, 2000. Birmingham, AL.

Family Child Care Partnerships mentor training (Inservice training organized and presented with FCCP staff). November 15-16, 2000. Auburn, AL.

Ages and Stages: Developmental Milestones of Growth. (Training provided to extension educators, early intervention workers, and other family service professionals.) September 29, 2000. Mobile.

Invited Presentations to State Professionals

Minding our future: Investing in healthy infants and toddlers. Presentation for 30 citizens attending the 2014 Civic Institute, organized by the David Mathews Center for Civic Life. Montevallo, August 1, 2014.

"Multiple approaches matter. The BEE Program in Alabama." Invited presentation to 67 professionals in the child advocacy field, VOICES for Alabama's Children Annual Conference, Birmingham, October 5, 2007.

"Family Child Care and Pre-K in Alabama." Forum presentation and discussion at the Federation of Child Care Centers of Alabama Annual Conference, Montgomery, Nov 11, 2006.

"Getting young children ready to learn: Developing physical and language skills." Workshop presented at three sessions of the Perry County Head Start conference, Marion, May 19-20, 2006.

Beeing Dads: Tips for getting fathers involved. (Co-presenters: E. Shields, J. Hollinger.) Presented at Parents as Partners: The Governor's Conference on Educating Children, Montgomery, AL.

"Beginning Education Early." Workshop presented at Parents as Partners: The Governor's Conference on Educating Children (with J. Hruska). October 11, 2000. Montgomery, AL.

"Update on Child Development: Multiple Influences on Child Socialization and Development." Department of Education Annual Teacher Training. July 29, 1999. Birmingham.

"Everyday Experiences that Encourage Young Children's Language." Alabama Conference on Parenting. December 9, 1998. Birmingham.

Applying Recent Child and Adolescent Development Research to Your Programming. (Inservice training organized and presented with J. Kerpelman for HE-Agents). September 19-20, 2000. Auburn.

Family Child Care Partnerships mentor training (Inservice training organized and presented with E. Miller for 21 mentors). August 24-25, 2000. Clanton, AL.

Ethical Guidelines for Educating our BEE Families. (Quarterly training organized with J.Hruska for BEE program assistants working in 5 counties). June 30, 2000. Demopolis.

Update on Early Childhood Development and Care. (Inservice training organized with J. Hruska for HE-Agents). June 13, 2000. Auburn.

FCCP Mentor Pre-Service Training. (Training organized and provided for 22 family child care mentors). March 27-29, 2000. Auburn.

BEE Quarterly Training. (Quarterly training organized for BEE program assistants working in 5 counties). August 20, 1999. Livingston.

Doing What We Do Well...Better, part 2. (Quarterly training organized for BEE program assistants working in 5 counties). February, 12, 1999. Camden.

Doing What We Do Well...Better. (Quarterly training presented for BEE program assistants working in 5 counties). November 20, 1998. Butler.

CYFAR and the BEE Program: A Show and Tell (All-day site visit by CSREES-USDA liaison with project staff and administrators). July 1, 1998. Auburn.

Buzzing about Making a Difference. (Quarterly training presented for BEE program assistants working in 6 counties). June 19, 1998. Demopolis.

Effective Education of Teen Parents: Recognizing the Role of Adolescent Developmental Tasks (In-service training developed, organized, and presented in collaboration with J. Hruska*). May 1, 1998. Montgomery.

Reaching for and Recognizing Program Success. (Quarterly training for BEE program assistants working in 6 counties, with the assistance of K. Bartoszuk) February 27, 1998. Tuscaloosa.

A Vision of Program Success: Staff Evaluation. (Training for supervising agents working with BEE program staff, developed with the assistance of K. Bartoszuk*.) January 21, 1998. Prattville.

Home visiting parent educator training. (Wilcox County.) December, 2, 1997. Camden.

Implementing the BEE Program (Five-county pre-service training for supervising and paraprofessional staff developed, organized, and presented in collaboration with E. Shields.) September 3-5, 1997. Livingston.

Home visiting parent educator training. March 13, 1997. Livingston.

Programming under the Plight of Young Children Initiative: Leveraging your Resources. In-service trainings, March 6, 18, 20, 1997. Auburn, Selma, Cullman.

Welfare Reform. Alabama Cooperative Extension System State Conference. (Panelist.) December 17, 1996. Auburn.

Adolescent Sexuality in Alabama. Decisions for Health In-Service Training. June 7, 1996. Auburn.

Home visiting parent educator training. April 25-26 and June 14, 1996. Fayette, Butler.

Home visiting parent educator training. October 17 and October 30, 1995. Fayette, Butler.

Partnership for Community Action: Plight of the Young Child, Decisions for Health, and Your Community. (In-service training developed, organized, and led in collaboration with K. Tajeu [Community Health Specialist].) August 24-25, 1995. Kellogg Conference Center, Tuskegee University.

Parent Education Workshop. (Developed, organized, and presented in collaboration with Wally Goddard.) March 14-17, 1995. Huntsville, Birmingham, Montgomery, Mobile.

Parenting with Limited Resources. Plight of Young Children In-service Training, August 16-17, 1994. Birmingham.

Understanding Moral Development. (Taught jointly with Wally Goddard.) Youth-at-Risk In-service Training, March 3, 1994. Columbiana.

Family Trends: Implications for Extension Leadership. Baldwin County Program Advisory Committee, October 12, 1993. Gulf Shores.

Reconnecting the Generations: Developing Opportunities for Intergenerational Interaction. Senior Series Inservice Training, September 16, 1993. Auburn.

Multi-media Resources

Abell, E. (Executive Producer), Lightfoote, M. (Production Manager). (2006). *Assisting Children and Families Coping with Disaster: Guidance for Educators and Professionals*. DVD. Alabama Cooperative Extension System.

Abell, E. (Executive Producer, Script-writer), Wilbanks, S. (Script-writer), Moore, L. (Production Manager). (2000). *Care Givers Caring for the Future*. Series of 6 videos with an accompanying curriculum teaching guide (co-authors: S. Wilbanks, J. Hruska).

Abell, E. (Executive Producer, Script-writer), Lightfoote, M. (Production Manager). (1998.) *Gangs: What Parents and Communities Need to Know*. Video with accompanying leader's manual (co-author: K. Ludwig).

Websites

The Family Child Care Partnerships website.
[<http://www.humsci.auburn.edu/fccp/>]

The Beginning Education Early (B.E.E.) website.
[<http://www.humsci.auburn.edu/~abellel/beeprogram/beeprogram.htm>]

Webinars

Nelson, P., Ebata, A., Abell, E., Kelly, J., Radunovich, H., Sosterna-Castaneda, L. (October 10, 2013) Text4baby & Just In Time Parenting: Using Technology to Broaden Parent Engagement and Increase Impact with Parents of Young Children.

Erath, S. A., Ebata, A., & Abell, E. (November, 2010). Bullying: What We Know Now. Co produced (conceived, organized, marketed, and broadcast) a 1-hour webinar on bullying, featuring the expertise of Dr. Stephen Erath, attended by more than 350 individuals in real time. [Retrievable at <http://www.extension.iastate.edu/broadcasts/bullying/>].

eXtension Just in Time Parenting (JITP) Community of Practice webinar team (E. Abell and 10 other specialists from across the U.S.). (2009.) Just in Time Parenting webinar (Assisted in the development, marketing, and presenting of a 25 minute webinar designed to inform state Extension contacts nationwide about the resources available from JITP and the JITP webinars scheduled January 2010 for Extension educators.)

Parenting Education Satellite Broadcasts to National Audience

[Collaborated in the development of a series of nationally broadcast programs on issues related to parenting young children. Satellite technology made the program available to county educators and interested groups in Alabama, nationwide, and internationally.]

Raising Good Readers: Developing Early Literacy Skills. Supervisor of script production and panelist on "Principles of Parenting" broadcast from Auburn University, Auburn, AL, September 1, 1998.

Teaching Young Children Right from Wrong: Learning to be Honest. Supervisor of script production and panelist on "Principles of Parenting" broadcast from Auburn University, Auburn, AL, June 20, 1998.

Sensible Kids: Raising Financially Responsible Children. Panelist on "Principles of Parenting" broadcast from Auburn University, Auburn, AL, February 24, 1998.

Positive Discipline: Alternatives to Spanking. Script writer for and panelist on "Principles of Parenting" broadcast from Auburn University, Auburn, AL, October 9, 1997.

Getting Young Children Ready to Learn. Script writer for and panelist on "Principles of Parenting" broadcast from Auburn University, Auburn, AL, August 26, 1997.

Will You Be My Friend? Panelist on "Principles of Parenting" broadcast from Auburn University, Auburn, AL, May 6, 1997.

Avoiding Temper Tantrums. Panelist on "Principles of Parenting" broadcast from the Birmingham Early Learning Center, Birmingham, AL, September 24, 1996.

Professional Service

Consulting/Editorial Work

- Ad hoc Reviewer, *Child and Youth Care Forum*, 2013
- Co-Leader, JITP Executive Team, *Just In Time Parenting* Community of Practice, 2010 - present
- Leader, JITP Content Team, *Just In Time Parenting* Newsletters, 2012 - present
- Front Page Feature Article Editor, eXtension *Just In Time Parenting* website (www.extension.org/parenting), 2008 - present
- Outside Reviewer, Montana State University Extension publication, 2009
- Outside Reviewer, University of Nevada-Reno Cooperative Extension curricula, 2009
- Reviewer, Just in Time Parenting Age-Paced Newsletters, 2008-2009
- Ad hoc Reviewer, *Journal of Marriage and the Family*, 1996-2000
- Ad hoc Reviewer, *Family Science Review*, 1998-2000
- Ad hoc Reviewer, *Journal of Social and Personal Relationships*, 1995
- Ad hoc Reviewer, Brooks/Cole Publishers, 1995
- Outside Reviewer, Arizona Cooperative Extension Family Task Force materials, 1995
- Ad hoc Reviewer, *Personal Relationships*, 1993

Service to Professional Associations

- Reviewer, NCFR Education and Enrichment Section, Spring 2007 – 2011
- Reviewer, Promotion Packet for Extension Specialist, Texas A&M University Cooperative Extension, Fall 2007
- Chair, NCFR Extension Preconference Planning Committee, Fall 2003
- Co-chair, Rural Families and Communities Focus Group, NCFR, 1997-1999
- Head, NCFR Extension Preconference Planning Committee, Fall 1995

Auburn University Service

Service to the University

- Faculty Senator, HDFS. Fall 2008 – 2014.
- Member, Faculty Senate Library Committee. Fall 2008. – 2013.
- Member, Faculty Senate Administration Evaluation Committee. Fall 2007- Spring 2010.
- Hearing Panel, AU Grievance Committee. December 2006 to April 2007.
- Workshop Presenter, AU Employee Assistance Program. "Building a Bridge Between Your Child's Home and School Experiences." July 14, 1999.
- Workshop Presenter, AU Employee Assistance Program. "Preparing Young Children for School." July 16, 1997.
- Workshop Presenter, AU Employee Assistance Program. "The Challenge of Young Children: The Toddler Identity Crisis." February 12, 1997.
- Workshop Presenter, AU Employee Assistance Program. "The Challenge of Young Children: Why Don't They Listen?" February 12, 1997.

Service to the School/College

- Member, Dean's Strategic Planning Committee, 2012.
- Member, Scholarship Committee, School of Human Sciences, 1995-1999.
- School of Human Sciences Library Representative, 1996 – 1999.
- Chair, Scholarship Committee, School of Human Sciences, 1996-97

Service to the Department

- Chair, Search Committee, Assistant/Associate Professor and Extension Specialist, Human Development and Family Studies, 2012-13.
- Chair, HDFS Outstanding Faculty Member Committee, 2008.
- Member, HDFS Outstanding Faculty Member Committee, 2006-2008.
- Member, Search Committee, Assistant Professor (2), Human Development and Family Studies, 2007.
- Member, HDFS Outstanding Faculty Award Selection Committee 2006-present.
- Member, Search Committee, Assistant/Associate Professor and Extension Specialist,

- Human Development and Family Studies, 1998-99.
- Member, Education and Health Professions Partnership, 1997 – present.
- Member, Undergraduate Advisory Committee, 1993-95

Service to Cooperative Extension

- Chair, ACES Graduate Extension Assistantship Task Force, 2014.
- ACES Program Team Coordinator, Family and Child Development Team, 2013- present.
- Chair, ACES Gerontologist Specialist Interview Committee, 2007
- Member, Avian Flu preparedness committee, 2006.
- Member, ACES Grievance Committee, 2004-present.
- Chair, ACES Grievance Hearing Panel, 2005.
- Member, ACES Search Committee for Assistant Director of Family and Community Programs, 2002
- Member, Long Range Strategic Planning Committee for Individual and Family Well-Being Base Programs, Winter-Spring, 1997
- Advisor, Long Range 4-H Strategic Planning Subcommittee for Personal Development, Winter-Spring, 1997
- Head, Plight of the Young Child Initiative Team, Fall 1995 – 1997
- Member, Search Committee, Extension Assistant Director for 4-H Youth Development Programs, Spring, 1994
- Member of the Alabama State Team at Pathways from Poverty Conference in Memphis, TN, 1993

Community Service

- Member, ALFCCA Board of Directors, 2009 – 2010
- Member, FOCAL Board of Directors, 2003 -2010
- Member, Executive Committee, Babies are Born Learning: The Alabama Birth to Three Initiative, 1998-2002
- Member, Employer's Child Care Alliance, Executive Committee and Chair of the Quality Enhancement Subcommittee, 1996 - 2000
- Member, Birmingham Child Care Quality Enhancement Project Planning Committee, 1997-1998
- Member, State of Alabama Steering Committee for the "I Am Your Child" Campaign, 1997-1998