

BARBARA STRUEMPLER

EFNEP and SNAP-Ed
Alabama Cooperative Extension System
Nutrition, Dietetics and Hospitality Management
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EDUCATION

1984	Doctor of Philosophy	Iowa State University	Major: Food and Nutrition
1981	Master of Science	Iowa State University	Major: Food and Nutrition
1973	Bachelor of Science	University of Nebraska	Major: Food and Nutrition

PROFESSIONAL EXPERIENCE

2012 – Present	Program Leader for Nutrition Programs, EFNEP and SNAP-Ed Alabama Cooperative Extension System Professor, Department of Nutrition Dietetics and Hospitality Management Auburn University, Alabama
1995 – 2012	Professor, Department of Nutrition Dietetics and Hospitality Management Nutrition Specialist, Alabama Cooperative Extension System Auburn University, Alabama
1988 – 1994	Associate Professor, Department of Nutrition and Food Science Nutrition Specialist, Alabama Cooperative Extension System Auburn University, Alabama
1984 – 1988	Nutrition Specialist, Alabama Cooperative Extension System Auburn University, Alabama
1978 – 1984	Graduate Research Assistant, Department of Nutrition and Food Science Iowa State University, Iowa
1976 – 1978	Director, Women, Infants and Children Program Chadron, Nebraska
1973 – 1976	Civil Service, Germany

MAJOR HONORS AND AWARDS

National Extension Association of Family & Consumer Science, *Program Excellence through Research Award* for Body Quest, 2014.

Body Quest selected as *Best Practices in Nutrition Education for Low-income Audiences*, 2014.
<http://snap.nal.usda.gov/snap/CSUBestPractices.pdf>

College of Human Sciences Women's Philanthropy Board *Faculty Award*, 2013.

National Priester Extension Health Award for Body Quest: Food of the Warrior, 2013.

National Extension Association of Family & Consumer Science, *Distinguished Service Award*, 2013.

National Extension Association of Family & Consumer Science, National Winner, Southern Region Winner and Alabama Affiliate Winner. *Florence Hall Award* for an exemplary Extension program (Body Quest), 2013.

Honorable Mention, National Priester Extension Health Award for Body Quest: Food of the Warrior, 2012.

National Extension Association of Family and Consumer Science, National Winner, Southern Region Winner and Alabama Affiliate Winner. *Communications – Educational Technology: iPad Apps Teach Nutrition to Elementary Youth*, 2012.

National Extension Association of Family and Consumer Science, 3rd Place National Winner, Southern Region Winner and Alabama Affiliate Winner. *Communications – Educational Publications: Become a Body Quest Warrior: Posters Challenge Youth to Eat Healthy*, 2012.

Women's Philanthropy Board, Auburn University, Alabama, *Giving for a Quality Life Faculty Award*, 2012.

Association of Extension Communication Excellence, Bronze Award. *Educational Package Class: Body Quest: Food of the Warrior*, 2012.

National Extension Association of Family and Consumer Science, Alabama Affiliate. *Program Excellence through Research: School Gardens: An Experiential Learning Approach for a Nutrition Education Program to Increase Fruit and Vegetable Knowledge, Preference and Consumption among Second Grade Students*, 2008.

Association of Communication Educators, National Winner. *Extension Publication Association for Communication Excellence for "Calendario del Primer Año de Vida del Bebe*. Won two awards: (1) the Gold Award in the Diversity, Targeted Publications and (2) Outstanding Professional Skill Award for Diversity, 2008.

National Extension Association of Family and Consumer Sciences, National Winner, Southern Region Winner and Alabama Affiliate Winner. *Communications Educational Publication Award: Circle Puzzle: Make Every Plate a Rainbow*, 2007.

National APEX 2006: Award for Publication Excellence to Extension Communication professionals for *Circle Puzzle: Make Every Plate a Rainbow*, 2006.

Alabama Association of Family and Consumer Sciences. *Professional Award*, 2006.

National Extension Association of Family and Consumer Sciences, Southern Region Finalist. *Florence Hall Award: Feed Your Mind: An Interactive Nutrition Education Activity and Assessment for Teenagers in an Eight-week Nutrition Education Program*, 2005.

National Extension Association of Family and Consumer Sciences, Alabama Affiliate. *Florence Hall Award: Once Upon a Time in America*, 2006.

National Extension Association of Family and Consumer Sciences, Alabama Affiliate. *Program Excellence through Research Award: Effects of a Nutrition Education Program on the Dietary Behavior and Nutrition Knowledge of Second-grade and Third-grade Students*, 2006.

National Extension Association of Family and Consumer Sciences, Alabama Affiliate. *Program Excellence through Research Award: Once Upon a Time in America: An Interactive Nutrition Evaluation*, 2005.

National Extension Association of Family and Consumer Sciences, Alabama Affiliate. *Florence Hall Award: Feed Your Mind: An Interactive Nutrition Education Activity and Assessment for Teenagers in an Eight-week Nutrition Education Program*, 2005.

National Extension Association of Family and Consumer Sciences, National Winner – 2nd Place. *Communications Educational Publications Award: Laugh a Little and Make Your Tummy Happy*, 2004.

National Extension Association of Family and Consumer Sciences, Southern Region Finalist – 1st Place. *Communications Educational Publications Award: Laugh a Little and Make Your Tummy Happy*, 2004.

National Extension Association of Family and Consumer Sciences, Alabama Affiliate. *Communications Educational Publications Award: Laugh a Little and Make Your Tummy Happy Perpetual Calendar*, 2004.

National Extension Association of Family and Consumer Sciences, Southern Region Finalist. *Florence Hall Award: Come and Get It: An Interactive Nutrition Education Assessment for Young Children*, 2004.

National Extension Association of Family and Consumer Sciences, Alabama Affiliate. *Florence Hall Award: Come and Get It: An Interactive Nutrition Education Assessment for Young Children*, 2004.

National Extension Association of Family and Consumer Sciences, Alabama Affiliate. *Program Excellence through Research Award: Come and Get It: An Interactive Nutrition Education Activity and Assessment for Young Children*, 2004.

Auburn University. *Perspectives on Outreach*, 2004 edition.

National Extension Association of Family and Consumer Sciences, National Winner – 2nd Place. *Communications Educational Publications Award: Food Cootie Catcher*, 2003.

National Extension Association of Family and Consumer Sciences, Southern Region. *Communications Education Publications Award: Food Cootie Catcher*, 2003.

National Extension Association of Family and Consumer Sciences, Alabama Affiliate. *Communications Educational Publications Award: Food Cootie Catcher*, 2003.

National Extension Association of Family and Consumer Sciences, Alabama Affiliate. *Communications Educational Curriculum Package Award: Come and Get It: An Interactive Nutrition Evaluation for Young Children*, 2003.

National Extension Association of Family and Consumer Sciences, Alabama Affiliate. *Program Excellence through Research Award: Knowledge and Behavior Changes among Limited-resource Teenagers in a Nutrition Education Program*, 2003.

United States Department of Agriculture. *Certificate of Appreciation* for collaboration toward making the Alabama Integrated Nutrition Education Partnership a reality, 2002.

National Extension Association of Family and Consumer Sciences. *Communications Educational Technology: Poverty in Alabama*, 2000.

National Extension Association of Family and Consumer Sciences, Southern Region. *Communications Educational Technology: Poverty in Alabama*, 2000.

National Extension Association of Family and Consumer Sciences, Alabama Affiliate. *Communications Educational Technology Communications Award: Poverty in Alabama*, 2000.

Alabama Cooperative Extension System. *Extramural Funding Award*, (first given in Extension), 1999.

Alabama Association of Family and Consumer Sciences. *Leaders Award*, 1996.

Alabama Extension Specialists' Association. *Professional Recognition Award*, 1993.

Auburn University Alumni Association. *Award for Excellence*, 1992.

Alabama Cooperative Extension Service Epsilon Sigma Phi. *Certificate of Merit*, 1992.

Alabama Cooperative Extension Service. *Teamwork in Extension Award for Today's Mom Program*, 1991.

United States Department of Agriculture. *Superior Service National Group Award for Today's Mom Program*, 1991.

Auburn Civitan Club. *Outstanding Civitan of the Year*, 1989.

Food and Drug Administration and National Coalition for Consumer Education publication contest. *Merit Award for Trim and Slim Learn-at-Home*, an Extension publication, 1988.

Auburn Civitan Club. *Civitan Service Award*, 1987.

First Annual Governor's Health Award, Alabama Department of Public Health. *Cardiovascular Update '86*, for exemplary statewide health program, 1987.

Outstanding Young Women of America, 1978.

United States Government. *Certificate of Achievement*, 1976.

United States Government. *Sustained Superior Performance Award*, 1976.

GRADUATE STUDENTS (through an Extension appointment)

NAME	DEGREE	YEAR	CURRENT POSITION
Cecilia Tran Chair	M.S.	2014 – Present	
Jamie Griffin Chair	PhD	2013 – Present	
Katie Funderburke Chair	M.S.	2014	Dietitian
Russell Thackston Outside Reader	PhD	2013	Faculty - Computer Software Engineer
Sarah Smith Chair	M.S.	2013	Dietitian
Lisa Mastropietro Chair	M.S.	2013	Dietitian
Alexia Sabol Committee Member	M.S.	2011	Dietitian
Sondra Parmer Committee Member	Ph.D.	2006	Project Manager, NEP
Virginia Roy Outside Reader	Ph.D.	2006	AL Dept Education
Alicia Raby Chair	M.S.	2004	Assistant Professor

Romona Lazenby Outside Reader	Ph.D.	2004	AUM – Nursing School
Emily Kling Outside Reader	Ed.D.	2003	Extension Specialist
Sara Eck Chair	M.S.	2003	Dietitian
Amanda Brown Committee Member	Ph.D.	2000	UAB – Associate Professor
Stephanie Cobrin Chair	M.S.	2000	Dietitian
Teresa Irvin Outside Reader	EdD	2000	Teacher
Jennifer Derrig Chair	M.S.	2000	Dietitian
Steinar Adalbjornson Committee Member	M.S.	2000	
Kiandra Dugas Committee Member	M.S.	2000	Dietitian
Beverly Moore Outsider Reader	Ph.D.	2000	Teacher
Sondra Parmer Committee Member	M.S.	1999	AU Faculty
Autumn Marshall Chair	Ph.D.	1999	David Lipscomb University - Faculty
Astrid Inniss Chair	M.S.	1999	Dietitian
B. Carol Reid Outside reader	EED	1999	Extension Agent
Claudia Sealy-Potts Chair	M.S.	1998	Dietitian
Tim Roberts Committee member	Ph.D.	1998	Jackson University - Faculty
Marylou Kilgore Chair	M.S.	1990	Dietitian
Cheryl Grey Committee member (at University of Alabama at Birmingham)	M.S.	1992	Dietitian
Ruth Sacco Committee member (at University of Alabama at Tuscaloosa)	M.S.	1991	Extension Agent

Connie Pavelec Committee member	M.S.	1989	Dietitian
Sharon Barron Committee member	M.S.	1989	Dietitian

**ASSISTANTSHIPS, INTERNSHIPS AND OTHER MENTORING ACTIVITIES FOR
FACULTY/STUDENTS** *(all positions funded through personal Extension grants)*

STUDENT/FACULTY	DATE	ACTIVITY
Cecilia Tran	FY14 – Present	MS Student – NEP Research Assistantship
Jamie Griffin	FY13 – Present	PhD Student: NEP Research Assistantship
Katie Funderburke	FY13 – Present	MS Student – NEP Research Assistantship
Dr. Dilbur Arsiwalla	FY12	AU Postdoctoral Fellow: Body Quest statistician
Russell Thackston, MS	FY11-FY13	AU Computer Software Engineer: Body Quest iPad app develop
Jonathan Lartigue, MS	FY11-FY13	AU Computer Software Engineer: Body Quest iPad app development
Gregg Parmer, MS	FY11-FY12	AU Information Technology: Informative Technology consultant
Dr. Alecia Douglas	FY11–FY12	AU Faculty: Technology Researcher
Dr. Molly Gregg	FY11-FY12	Extension Faculty: Body Quest curriculum
Sarah Smith	FY11-FY13	MS Student: NEP Research Assistantship
Lisa Mastropietro	FY11-FY13	MS Student: NEP Research Assistantship
Mike Hollingsworth	FY11	AU Information Technology: Data management process development
Dr. Kyungmi Kim	FY10-FY11	AU Faculty: Researcher
Jill Stapleton	FY11	AU Student: Body Quest iPad app development
Chuck Hill, MS	FY10	Extension Faculty: Body Quest curriculum development
Chenzi Wang, MS	FY10	MS Student: Nutrition Education Program associate
Angelina Bridges	FY10	B.S. Student; Independent Study
LaTresha Brady	2001-05	Data Entry
Alicia Raby	2002-04	M.S. Student; NEP Assistantship
Sara Eck	2000-03	M.S. Student: NEP Assistantship
Kelly McAllister	2002	M.S. Student: NEP Assistantship

Stephanie Cobrin	1999-00	M.S. Student: NEP Assistantship
Donna Hayner	1998-00	M.S. Student: NEP Assistantship
Charlotte Ham	1998-00	M.S. Student: UAB Assistantship
Astrid Inniss	1997-99	M.S. Student: Extension Graduate Assistantship
Ayesha Shiekn	1997-98	M.S. Student: Extension Graduate Assistantship
Jennifer Tanaka	1996-97	Graduate Assistantship, University Senate
Faye Jones	1996-98	Ph.D. Student: Grant (UAB) Assistantship
Claudia Sealy-Potts	1995-98	M.S. Student: Extension Graduate Assistantship
Jennifer Derrig	1995-97	M.S. Student: Extension Graduate Assistantship
Amanda Brown	1993-95	Ph.D. Student: Extension Graduate Assistantship
Kathleen Wilkowske	1993	B.S. Student: Special Assignment with English Department: Writing Internship
Denise Lovelace	1993	M.S. Student: Special Assignment with College of Education: Curriculum Development
Natolie Eubanks	1990	B.S. Student: Community Dietetic Program Community Experience Internship
Wendy Atkins	1990	B.S. Student: Community Dietetic Program Community Experience Internship
Patricia Morgan	1989	B.S. Student: Community Dietetic Program Community Experience Internship
Hanna Wise	1989	B.S. Student: Community Dietetic Program Community Experience Internship
Ray Rossmanith	1989	Ph.D. Student: Extension Graduate Assistantship
Ralph Carson	1988	Ph.D. Student: Community Experience Internship
Sheryl Herrin	1988	B.S. Student: Independent Study
Cheryl Gray	1987	B.S. Student: Community Dietetic Program Community Experience Internship
Mary Cooper	1986	B.S. Student: Community Dietetic Program Community Experience Internship

**TEACHING EXPERIENCE: ALABAMA COOPERATIVE EXTENSION SYSTEM
TRAININGS** *(selected)*

- *While I have extensive teaching experience through Extension activities, I have no instruction appointment on the university's campus. I gladly guest lecture, extensively work with graduate students, provide internship and work experiences for students and young faculty and offer campus lectures.*
- *I have presented thousandths of single programs and workshops that are not listed.*

Nutrition Education Program: 30 agent assistants, two days, May 2013.

Expanded Food and Nutrition Education Program: 40 agent assistants, three days, November 2013.

Nutrition Education Program: 30 agent assistants, two days, July 2012.

Expanded Food and Nutrition Education Program: 40 agent assistants, three days, February 2013.

Nutrition Education Program: 30 agent assistants, two days, July 2012.

Expanded Food and Nutrition Education Program: 40 agent assistants, two days, October 2012.

Nutrition Education Program: 30 agent assistants, two days, July 2011.

Nutrition Education Program: 30 agent assistants, three days, February 2011.

Nutrition Education Program: 25 agent assistants, three days, February 2010.

Nutrition Education Program: 25 agent assistants, three days, February 2009.

Nutrition Education Program: subcontractor EARS training, one day, September 2009.

Nutrition Education Program: 25 agent assistants, three days, February 2008.

Nutrition Education Program: 25 agent assistants, three days, February 2007.

Nutrition Education Program: 25 agent assistants, three days, October 2006.

Nutrition Education Program: NEP Sub-contractor training, 15 fiscal agent assistants, one day, October 2006.

Nutrition Education Program: 25 agent assistants, three days, February 2006.

Expanded Food and Nutrition Education Program: 22 new agent assistants, one day, January 2005

Nutrition Education Program: 25 agent assistants, three days, February 2005.

Nutrition Education Program: 250 attendees, six one-day meetings, Summer 2003.

Nutrition Education Program: 300 attendees, two days, March 2002.

Nutrition Education Program: 100 attendees, two days, January 2002.

Nutrition Update: 35 attendees, one day, November 2001.

Nutrition Education Program: 100 attendees, two days, January 2001.

Nutrition Update: 33 attendees, one day, August 2000.

Nutrition Education Program: 100 attendees, two days, December 2000.

Nutrition Education Program: 100 attendees, three days, December 1999.

Mom's Helper: 35 attendees, three days, January 1999.

Nutrition Education Program: 100 attendees, three days, February 1998.

Nutrition Education Program: 100 attendees, three days, January 1997.

Nutrition Education Program Evaluation Focus Groups: 40 attendees, three days, August, 1996.

Nutrition Education Program: 44 attendees, full day, January 1996.

Nutrition, Health & Public Policy, co-chair and moderator: 60 attendees, three days, May 1995.

Nutrition, Diet and Health: 100 attendees, full day, May 1994.

Today's Mom: 100 attendees, three days, February 1994.

Nutrition for the Elderly: 65 attendees, full day, September 1993.

Mom's Helper: 10 attendees, five days, September 1993.

Nutrition Update: 76 attendees, three days, May 1992.

Today's Mom: 20 attendees, full day, April 1992.

Cholesterol, Fat and Fiber. Veterans Administration Hospital-Tuskegee: 100 attendees, full day, February 1992.

How to do Focus Groups: 8 attendees, two days, February 1992.

What's New in Nutrition? Alabama Department of Public Health: 30 attendees, full day, June 1991.

Nutrition Update. Veterans Administration Hospital-Tuskegee: 100 attendees, full day, July 1991.

Good News, Bad News: 100 attendees, full day, May 1991.

Cholesterol 200. Basic Adult Services, Alabama Department of Public Health: 200 attendees, full day, Montgomery, five classes, June/July 1990.

Hypertensive Update. Department of Public Health: 150 attendees, full day, June 1989.

Cholesterol 200: 150 attendees, full day, September 1989.

Nutritionist III Computer Program: 20 attendees, full day. September 1988.

Fat, Cholesterol, and Fiber: 110 attendees, three days, September 1988.

Fitness 7/Nutritionist III: 80 attendees, three days, Auburn, May 1987.

Nutritionist III Computer Program: 40 attendees, full day, October 1987.

Fitness 7: 7 attendees, full day, February 1986.

Nutrition Facts: 80 attendees, three days, May 1986.

Fitness: 80 attendees, full day, June 1986.

Trim and Slim: 100 attendees, full day, February 1986.

Eating Disorders: 120 attendees, full day, March 1984.

INVITED DISTRICT/REGIONAL/NATIONAL LECTURES *(selected)*

Parmer SM, **Struempfer B.** *Using iPad Apps to Teach Extension Nutrition Education.* National Extension Association of Family and Consumer Sciences, Lexington, Kentucky (accepted for September 2014).

Parmer G, Parmer SM, **Struempfer B.** *Mobile Labs of iPads for Extension Education.* National Extension Technology Conference, Manhattan, Kansas, 2014.

Struempfer B, Parmer SM. *Body Quest Food of the Warrior: Combating childhood obesity through nutrition education.* *Auburn Speaks*, 2014:250-258. Office of the Vice President for Research and Economic Development, Auburn University, AL 36849.

Parmer SM, **Struempfer B.** *Body Quest: Food of the Warrior iPad Apps.* Society for Nutrition Education Technology Fair, Portland, Oregon, 2013.

Parmer SM, Parmer G, Struempfer B. *Developing iPad Apps for Nutrition Education.* National Extension Technology Conference, Indianapolis, Indiana, 2013.

Struempfer B, Graham K. *Childhood Obesity Prevention Intervention using iPad Apps and Clickers for Elementary Youth.* National Extension Association of Family and Consumer Science, Columbus, Ohio, 2012.

Parmer G, Parmer SM, **Struempfer B,** Smith S. *Integrating Technology in a Childhood Obesity Prevention Program: A Practical Application for Clickers and SharePoint.* National Extension Technology Conference, New Orleans, Louisiana, 2012.

Parmer SM, Parmer G, **Struempfer B.** *Developing iPad Apps for Extension Education.* National Extension Technology Conference, New Orleans, Louisiana, 2012.

Parmer S, **Struempfer B,** Graham K, Smith S, Mastropietro. *Body Quest: Food of the Warrior.* Society for Nutrition Education and Behavior, Washington DC, 2012.

Struempfer B, Parmer SM, Gregg M, Graham KK. *Nutrition iPad Apps Showcase,* Society for Nutrition Education and Behavior, 2012.

Graham KK, Parmer SM, **Struempfer B,** Gregg M. *Using iPad to Teach Nutrition Education,* Society for Nutrition Education and Behavior, 2012.

Parmer SM, **Struempfer B,** Graham KK, Gregg M. *Developing a Storyboard for an iPad Nutrition App,* Society for Nutrition Education and Behavior, 2012.

Parmer SM, Smith SM, Gregg M, **Struempfer B.** *Just a Click Away: Using clickers and SharePoint to manage*

nutrition evaluation data, Society for Nutrition Education and Behavior, 2012.

Smith, SM, Parmer SM, **Struempfer B**, Gregg M. *Are Clickers Effective for Data Collection with Youth Students*, Society for Nutrition Education and Behavior, 2012.

Struempfer B. *SNAP-Ed in Alabama*. Alabama Diabetes Network statewide meeting, Montgomery, AL, 2012.

Struempfer B. Parmer S. *Body Quest: Food of the Warrior*. Child Nutrition Program statewide meeting. Perdido Beach, AL, 2011.

Struempfer B. *Body Quest: Food of the Warrior*. Southern Regional Meeting, Food and Nutrition Service, Atlanta, GA, 2011.

Struempfer B, Parmer S. *Leader's Update*. National Extension Association of Family and Consumer Sciences annual meeting. Birmingham, AL, 2009.

Struempfer B. *Feeding Your Family in Challenging Times*. National Extension Association of Family and Consumer Sciences annual meeting. Birmingham, AL, 2009.

Struempfer B. *Food and Nutrition Service education policies*. Alabama Department of Human Resources. Guidelines given to South Carolina and North Carolina, 2008.

Struempfer B. *Nutrition Education Evaluations are FUN (Fantastic, Unique and New)*. Pennsylvania Nutrition Education Network, Strengthening the Food Resource Safety Net, 2005.

Struempfer B, Parmer S. *Feed Your Mind: An Interactive Nutrition Game and Evaluation*. Food and Nutrition Service National Nutrition Education Conference, 2005.

Struempfer B, Parmer S. *Come and Get It: An Interactive Nutrition Game and Evaluation for Young Children*. Food and Nutrition Service National Nutrition Education Conference, 2005.

Parmer S, **Struempfer B**. *Nutrition Education: Beyond the Brochure*. Food and Nutrition Service National Nutrition Education Conference, 2005.

Powers AR, **Struempfer B**. *Investigation of Effects of a Nutrition Education Program on Elementary Students' Dietary Behavior and Nutrition Knowledge*, Society for Nutrition Education, 2005.

Parmer S, **Struempfer B**. *Nutrition Education: Beyond the Brochure*. Society for Nutrition Education. 2005.

Struempfer B. *Nutrition Education Evaluations are FUN [Fantastic, Unique and New]*. Society of Nutrition Education 2004.

Struempfer B. *Nutrition Education Program*. Alabama Department of Human Resources. 2002.

Struempfer B. *Community Nutrition at its Best*. Six Million Dollar Club, Florida, 2000.

Struempfer B. *Nutrition Update*. Southern Region Baby Boomer Workshop, South Carolina, 2000.

Struempfer B. *Nutrition News*. Alabama Home Economics Association-District H. Auburn, April 25, 1988.

Struempfer B. *Cholesterol Intake in Children*. Mobile District Dietetic Association. Mobile, February 5-6, 1987.

Struempfer B. *Alabamians Knowledge of Heart Disease*. Dothan District Dietetic Association. Dothan, November 3, 1987.

Struempler B. *Quackery and Nutrition*. Auburn and Montgomery Districts Dietetic Association. Auburn, June 19, 1986.

Struempler B. *Osteoporosis*. Mobile County Health Department. Mobile, September 3-4, 1986.

Struempler B. *Computer Software in Nutrition and Health*. Tuskegee District Dietetic Association. Montgomery, November 14, 1985.

Struempler B. *Let the Computer Do the Talking*. Auburn and Montgomery Districts Dietetic Association. Auburn, June 21, 1985.

BOOKS & BOOK CHAPTERS

Struempler B. Meal planning. In: *The Auburn Cookbook*. Auburn, Ala: Alabama Cooperative Extension System; 1996; Section 1.

Keith B, Salmons N, **Struempler B.** Sports nutrition. In: *Auburn Football Summer Conditioning Manual*. Auburn, Ala: Auburn University; 1988:67-76.

Struempler B. *Diabetes Learn-at-Home*. Auburn, Ala: Alabama Cooperative Extension Service; 1987.

Struempler B. *Trim and Slim Learn-at-Home*. Auburn, Ala: Alabama Cooperative Extension Service; 1985.

REFEREED JOURNAL ARTICLES, INVITED NATIONAL REPORTS AND PROCEEDINGS

(Lead author listed first.)

Struempler BJ, Parmer SM, Mastropietro LM, Arsiwalla D, Bubb RR. Changes in fruit and vegetable consumption of third-grade students in Body Quest: Food of the Warrior, a 17-class childhood obesity prevention programs. *Journal of Nutrition Education and Behavior*. 2014. <http://dx.doi.org/10.1016/j.jneb.2014.03.001>.

Struempler B, Parmer SM. Body Quest Food of the Warrior: Combating childhood obesity through nutrition education. *Auburn Speaks*, 2014:250-258. Office of the Vice President for Research and Economic Development, Auburn University, AL 36849.

Struempler BJ, Parmer SM. Impact 2014: Childhood Obesity Body Quest. *National Extension Association of Family and Consumer Sciences*. NEAFCS National Office, Boca Raton, FL 33498.

Struempler B, Parmer SM. Body Quest: Food of the Warrior. *SNAP-Ed Connection e-Bulletin*, 2013. <http://us5.campaign-archive2.com/?u=cld5bdad0525e0cbae72bdb92&id=473e2460b1>

Parmer SM, **Struempler B.** Alabama FY13 SNAP-Ed Body Quest County Report. Community Nutrition Education Community of Practice, eXtension. 2013. <http://www.extension.org/pages/70038/ipads-to-combat-childhood-obesity:-alabamas-body-quest-initiative>.

Struempler B, Parmer SM. Body Quest: Food of the Warrior Apps. *SNAP-Ed Connection Resource Library*. 2013: <http://snap.nal.usda.gov/resource-library/nutrition-apps-and-games>

Struempler B, Parmer SM. Body Quest: Food of the Warrior. *SNAP-Ed Connection Resource Library*. 2013: http://snap.nal.usda.gov/foodstamp/resource_finder_search_results.php

Parmer S, Parmer G, **Struempler B.** Testing a new generation: Implementing clickers as an Extension data collection tool. *Journal of Extension*, 2012:15(5).

Sabol A, Zizza C, **Struempler B.** Student and parent perceptions of barriers to and benefits of the School

Breakfast Program in elementary schools in Southeast Alabama. *Journal of Child Nutrition & Management*, 2011; 35(2).

Kim K, **Struempfer B**, Parmer SM. Decision of SNAP recipients to consumer more vegetables: An application of the theory of planned behavior. *Journal of Hunger & Environmental Nutrition*, 2011; 6:1-18.

Cornell CE, Littleton MA, Greene PG, Pulley L, Brownstein J N, Sanderson BK, Stalker VG, Matson-Koffman D, **Struempfer B**, Raczynski JM. A Community Health Advisor Program to Reduce Cardiovascular Risk among Rural African American Women. *Health Education Research*, 2009; 24:622-633.

Parmer SM, Salisbury-Glennon J, Shannon D, **Struempfer B**. 2009. School Gardens: An Experimental Learning Approach for a Nutrition Education Program to Increase Fruit and Vegetable Knowledge, Preference and Consumption among Second Grade Students. *Journal of Nutrition Education and Behavior*, 2009; 41: 212-217. *NOTE: Received National Extension Association of Family and Consumer Science, Alabama Affiliate. Program Excellence through Research Award.*

Power AR, **Struempfer B**, Guarino A, Parmer S. Effects of a nutrition education program on the dietary behavior and nutrition knowledge of second-grade and third-grade students. *Journal of School Health*, 2005; 75:129-33. *NOTE: Received National Extension Association of Family and Consumer Sciences, Southern Region Finalist. Florence Hall Award.*

Raby A, **Struempfer B**. Pizza Please: An interactive nutrition evaluation for second and third grade students. *Journal of Nutrition Education and Behavior*, 2005; 37:94-95. *NOTE: Received National Extension Association of Family and Consumer Sciences, Alabama Affiliate. Program Excellence through Research Award.*

Eck S, **Struempfer B**, Raby A. Once Upon a Time in America: An interactive nutrition evaluation. *Journal of Nutrition Education and Behavior*, 2005; 37:46-47. *NOTE: National Extension Association of Family and Consumer Sciences, Alabama Affiliate. Florence Hall Award.*

Littleton J, et al. Lessons Learned from the Uniontown Community Health Project. *American Journal of Health Behavior*, 26(1): 34-42.

Struempfer B, Cobrin S. Feed Your Mind: An interaction nutrition evaluation. *Journal of Nutrition Education*, January/February 2002; (34) 59-61.

Struempfer B, Marshall A. Using low-literacy newsletters to provide nutrition education for limited-resource individuals. *Journal of Nutrition Education*, January/February 1999; (31)64-65.

Struempfer B, Brown A, Sanders L, Jelinek S. Understanding of the new food label by extension professionals. *Journal of Extension*, April 1997; (35)1-5.

Struempfer B. Progress toward nutrition-related Healthy Alabama 2000 objectives. *Journal of the Alabama Academy of Sciences*, 1993; 64:298-310.

Struempfer B, Bobroff L, Forester D. Extension in the Nineties: Addressing Critical Issues in Nutrition, Diet and Health. *National Association of State Universities and Land-Grant Colleges (NASULGC) Extension Committee on Organization and Policy (ECOP)*, 1991.

Struempfer B. *Apples -- With or Without Worms*. Southern Regional Workshop on Sustainable Agriculture, 1991; 8 pages.

Struempfer B. *Linkages: Agricultural Production and Human Health*. National Extension Integrated Pest Management Conference, 1990; 66-67.

Struempfer B, Tate D, Blount L, Goebel V. Today's Mom. *Journal of Nutrition Education*, 1989; 21:284A.

Bamberg R, Acton RT, Goodson L, **Struempfer B,** Williams JC. The effect of health risk assessment in conjunction with health promotion education on compliance with health related behaviors. *Journal of Allied Health*, 1989; 18:271-280. **Struempfer B,** Witcher B. Infant Mortality: Implications for Nutrition Education. *National Association of State Universities and Land-Grant Colleges (NASULGC) Extension Committee on Organization and Policy (ECOP)*, 1989).

Struempfer B. Cardiovascular update '86--cooking lite, eating right. *Extension Review*, spring edition, 1987; 28-29.

Barron S, Lane H, Hannon T, **Struempfer B,** Williams J. Factors influencing duration of breastfeeding among low-income women. *Journal of the American Dietetic Association*, 1988; 88:1557-1561.

Serfass RE, McHugh, MZ, **Struempfer BJ,** Garcia PA. Elemental balances in obese women fed a hypocaloric dietary regimen. *Nutrition Research*, 1983; 3:1560-1700.

ABSTRACTED PUBLICATIONS (Lead author listed first.)

Parmer SM, **Struempfer B.** Using iPad Apps to Teach Extension Nutrition Education, National Extension Association of Family and Consumer Science, Lexington, Kentucky (accepted for September 2014).

Struempfer B, Mastropietro L, Parmer SM, Arsiwalla D, Smith SM. Changes in Fruit and Vegetable Consumption of Third Grade Student in Body Quest: Food of the Warrior. Society for Nutrition Education and Behavior, 2013.

Struempfer B, Parmer SM, Gregg M, Graham KK. Nutrition iPad Apps Showcase, Society for Nutrition Education and Behavior, 2012.

Graham KK, Parmer SM, **Struempfer B,** Gregg M. Using iPad to Teach Nutrition Education, Society for Nutrition Education and Behavior, 2012.

Parmer SM, **Struempfer B,** Graham KK, Gregg M. Developing a Storyboard for an iPad Nutrition App, Society for Nutrition Education and Behavior, 2012.

Parmer SM, Smith SM, Gregg M, **Struempfer B.** Just a Click Away: Using clickers and SharePoint to manage nutrition evaluation data. Society for Nutrition Education and Behavior, 2012.

Smith, SM, Parmer SM, **Struempfer B,** Gregg M. Are Clickers Effective for Data Collection with Youth Students, Society for Nutrition Education and Behavior, 2012.

Struempfer B, Parmer S. *Feed Your Mind: An Interaction Nutrition Game and Evaluation*. FNS National Nutrition Education Conference, 2005.

Parmer S, **Struempfer B.** *Nutrition Education: Beyond the Brochure*. FNS National Nutrition Education Conference, 2005.

Powers AR, **Struempfer B.** *Investigation of Effects of a Nutrition Education Program on Elementary Students' Dietary Behavior and Nutrition Knowledge*. Society for Nutrition Education, 2005.

Parmer S, **Struempfer B.** *Nutrition Education: Beyond the Brochure*. Society for Nutrition Education, 2005.

Raby A, **Struempfer B.** *Pizza Please: An interactive nutrition evaluation*. Society for Nutrition Education, 2004.

Raby A, **Struempfer B**, Parmer S. *Knowledge and Behavior Changes in Fourth and Fifth Grade Students in a Nutrition Education Program*. Society for Nutrition Education, 2003.

Parmer S, **Struempfer B**. *A Model for a Seamless Nutrition Education Program for Limited-resource Individuals*. Society for Nutrition Education, 2003.

Eck S, **Struempfer B**, Parmer S. *An Interactive Nutrition Evaluation for Elementary Students*. Society for Nutrition Education, 2003.

Struempfer B, Hayner D, Parmer S. *Come and Get It: An Interactive Nutrition Game and Evaluation for Young Children*. Society for Nutrition Education, 2001.

Struempfer B, Herriford J. *Mom's Helper, an In-home Breastfeeding Peer Support Program*. Society for Nutrition Education, 2000.

Cobrin S, **Struempfer B**. *Feed Your Mind*. Society for Nutrition Education, 2000.

Parmer S, **Struempfer B**. *Assessment of Family Meal Time Behaviors and Characteristics of Limited-resource Population*. Society for Nutrition Education, 2000.

Struempfer B. *Simply Good Cooking: A Community Nutrition Program*. Society for Nutrition Education, 1999.

Inniss A, **Struempfer B**. *Body image concerns, dieting and food attitudes among children ages 9-13 years*. Society for Nutrition Education, 1999.

Struempfer B, Marshall A. *Nutrition knowledge and dietary habits of limited resource Alabamians*. Society for Nutrition Education, July 1998.

Thompson B, **Struempfer B**. *Mom's Helper*. WIC Directors Conference, 1999.

Struempfer B, Marshall A. *Readiness to change cooking and eating behaviors for chronic disease among limited-resource individuals*. Society for Nutrition Education, 1998.

Marshall A, **Struempfer B**. *Effectiveness of a social marketing technique: A television campaign to promote dietary behavior change among limited-resource Alabamians*. Society for Nutrition Education, 1998.

Marshall A, **Struempfer B**. *Nutrition Knowledge and Dietary Habits of Limited Recourse Alabamians*. Society for Nutrition Education, 1997.

Struempfer B. *Nutrition Education Program*. Society for Nutrition Education, 1996.

Struempfer B. *Nutrition Education Program*. Healthy Alabama 2000 Nutrition Coalition, 1996.

Struempfer B. *Consumer's Understanding of the New Food Label*. Society for Nutrition Education, 1995.

Struempfer B. *Today's Mom*. Society for Nutrition Education, 1995.

Struempfer B. *Resources Available through Alabama Cooperative Extension Service for Adults*. Alabama State Adult Education Conference, 1995.

Struempfer B, Brown MA. *Understanding of the New Food Label by Alabamians*. Alabama Association of Family and Consumer Science, 1995.

Struempfer B, Brown MA. *Consumers' Understanding of the New Food Label*. Southern Association of Agricultural Scientists, 1995.

Struempfer B. *Today's Mom*. National Association of State Universities and Land-Grant Colleges (NASULGC) Extension Committee on Organization and Policy (ECOP), 1992.

Struempler B, Goodson L. *Health Updates for Alabamians*. Alabama Gerontological Society, 1988.

Struempler B. *Trim and Slim*. National Association of State Universities and Land-Grant Colleges (NASULGC) Extension Committee on Organization and Policy (ECOP), 1986.

Struempler B. *Nutriquiz*. National Association of State Universities and Land-Grant Colleges (NASULGC) Extension Committee on Organization and Policy (ECOP), 1986.

Struempler B. *Fitness 7*. National Association of State Universities and Land-Grant Colleges (NASULGC) Extension Committee on Organization and Policy (ECOP), 1986.

Struempler BJ. *Trim and Slim II Weight Reduction Program, Camp, and Learn-at-Home*. National Association of State Universities and Land-Grant Colleges (NASULGC) Extension Committee on Organization and Policy (ECOP), 1986.

PROFESSIONAL PUBLICATIONS AND OTHER CREATIVE WORKS *(Lead author listed first; peer reviewed)*

Gregg M, **Struempler B**, Parmer S. *Body Quest: Food of the Warrior Card Deck*. Auburn, Ala: Alabama Cooperative Extension System; 2011; NEP-140.

Struempler B, Parmer S. *Fruit Bags: Eat fruit every day*. Auburn, Ala: Alabama Cooperative Extension System; 2011; NEP-136.

Struempler B, Parmer S. *Body Quest: Food of the Warrior Scrolling Banner*. Auburn, Ala: Alabama Cooperative Extension System; 2011; NEP-161.

Struempler B, Parmer S. *Body Quest: Food of the Warrior Retractable Banners*. Auburn, Ala: Alabama Cooperative Extension System; 2011; NEP-151.

Struempler B, Parmer S. *Body Quest: Food of the Warrior Character Posters*. Auburn, Ala: Alabama Cooperative Extension System; 2011; NEP-152.

Struempler B, Parmer S. *Body Quest: Food of the Warrior Battle Cry*. Auburn, Ala: Alabama Cooperative Extension System; 2011; NEP-162.

Struempler B, Parmer S. *Body Quest: Food of the Warrior Vow Poster*. Auburn, Ala: Alabama Cooperative Extension System; 2011; NEP-141.

Struempler B, Parmer S. *Body Quest: Food of the Warrior Stickers*. Auburn, Ala: Alabama Cooperative Extension System; 2011; NEP-170.

Struempler B, Parmer S. *Body Quest: Food of the Warrior Vow Cards*. Auburn, Ala: Alabama Cooperative Extension System; 2011; NEP-143.

Struempler B, Parmer S. *Body Quest: Food of the Warrior Power Bands*. Auburn, Ala: Alabama Cooperative Extension System; 2011; NEP-166.

Struempler B, Parmer S. *Snappy Veggie Snacks Bowls*. Auburn, Ala: Alabama Cooperative Extension System; 2011; NEP-167.

Struempler B, Parmer S. *Are You a Nutrition Facts Expert*. Auburn, Ala: Alabama Cooperative Extension System; 2011; NEP-169.

Struempler B, Parmer S. *Recipe Tester Recipe Magnets*. Auburn, Ala: Alabama Cooperative Extension System; 2011; NEP-145.

Struempler B, Parmer S. *Nutrition Slap Brackets: Dietary Guidelines*. Auburn, Ala: Alabama Cooperative Extension System; 2010; NEP-133.

Struempler B, Parmer S. *Don't Be Square: Eat Green Flashing Necklace*. Auburn, Ala: Alabama Cooperative Extension System; 2010; NEP-135.

Struempler B, Parmer S. *Save Money to Buy Fruits and Vegetables Bank*. Auburn, Ala: Alabama Cooperative Extension System; 2010; NEP-132.

Struempler B, Parmer S. *10,000 Steps a Day Pedometer*. Auburn, Ala: Alabama Cooperative Extension System; 2009; NEP-128.

Struempler B. *Baby's First Calendar (English and Spanish)*. Auburn, Ala: Alabama Cooperative Extension System; 2008. *NOTE: Association of Communication Educators, National Winner. Extension Publication Association for Communication Excellence for "Calendario del Primer Año de Vida del Bebe. Won two awards: (1) the Gold Award in the Diversity, Targeted Publications and (2) Outstanding Professional Skill Award for Diversity, 2008.*

Struempler B, Parmer S. *A Gold Medal for Fruits and Vegetables*. Auburn, Ala: Alabama Cooperative Extension System; 2007; NEP-126.

Struempler B, Parmer S. *Circle Puzzle: Make Every Plate a Rainbow*. Auburn, Ala: Alabama Cooperative Extension System; 2005; NEP-121. *NOTE: Received National Extension Association of Family and Consumer Sciences, National Winner, Southern Region Winner and Alabama Affiliate Winner. Communications Educational Publication Award.*

Eck S, **Struempler B**. *Once Upon a Time in America*. Auburn, Ala: Alabama Cooperative Extension System; 2003. *NOTE: Starter Kit includes a set of game cards, banner, Guide for Instructor, answers to questionnaire, pre-post nutrition evaluation questionnaire and curriculum guide.*

Raby A, **Struempler B**. *Pizza Please (NEP)*. Auburn, Ala: Alabama Cooperative Extension System; 2003. *NOTE: Game Kit includes set of game pieces and Instructor's Guide [Pizza Please Questionnaire, More Pizza Please, Mealtime Manners, and Pizza Please Certificate].*

Raby A, **Struempler B**. *More Pizza Please*. Auburn, Ala: Alabama Cooperative Extension System; 2003; NEP-113.

Raby A, **Struempler B**. *Mealtime Manners*. Auburn, Ala: Alabama Cooperative Extension System; 2003; NEP-114.

Raby A, **Struempler B**. *Pizza Please Certificate*. Auburn, Ala: Alabama Cooperative Extension System; 2003; NEP-081.

Raby A, **Struempler B**. *Pizza Please Evaluation*. Auburn, Ala: Alabama Cooperative Extension System; 2003; NEP-112.

Struempler B, Parmer SM. *Cootie Catcher: Good Nutrition in a Finger Puzzle*: Auburn, Ala: Alabama Cooperative Extension System, 2002. *NOTE: Received National Extension Association of Family and Consumer Sciences, National Winner – 2nd Place.*

Struempler B, Parmer S. *Post-It Note Pads*. Auburn, Ala: Alabama Cooperative Extension System; 2002.

Struempler B, Parmer S. *Bike Style Bottle*. Auburn, Ala: Alabama Cooperative Extension System; 2002; NEP-130.

Struempler B, Parmer S. *Mouse Pad*. Auburn, Ala: Alabama Cooperative Extension System; 2002.

Struempler B, Parmer S. *Once Upon A Time In American ID Card*. Auburn, Ala: Alabama Cooperative Extension System; 2002.

Struempler B. *Food Guide Pyramid for Young Children*. Auburn, Ala: Alabama Cooperative Extension System; 2003.

Struempfer B. *You're #1 with EFNEP.* Auburn, Ala: Alabama Cooperative Extension System; 2002.

Struempfer B. *Discover a New World and Join EFNEP.* Auburn, Ala: Alabama Cooperative Extension System; 2002.

Struempfer B. *You're #1 with EFNEP.* Auburn, Ala: Alabama Cooperative Extension System; 2002.

Struempfer B. *Read Up on EFNEP and Become Food Smart.* Auburn, Ala: Alabama Cooperative Extension System; 2002.

Struempfer B. *EFNEP is a Blast.* Auburn, Ala: Alabama Cooperative Extension System; 2002.

Struempfer B, Parmer SM. *Laugh a Little and Make Your Tummy Happy.* Auburn, Ala: Alabama Cooperative Extension; 2001. NEP-101. *NOTE: Received National Extension Association of Family and Consumer Sciences, National Winner – 2nd Place. Communications Educational Publications Award.*

Struempfer B, Parmer S. *Tooth Decay Go Away.* Auburn, Ala: Alabama Cooperative Extension System; 2000.

Struempfer B, Parmer S. *Body Building with Foods.* Auburn, Ala: Alabama Cooperative Extension System; 2000..

Struempfer B, Parmer S. *Rise and Shine with Breakfast.* Auburn, Ala: Alabama Cooperative Extension System; 2000.

Struempfer B, Parmer S. *Don't Get Bugged by a Food Germ.* Auburn, Ala: Alabama Cooperative Extension System; 2000.

Struempfer B, Parmer S. *Give Me 5.* Auburn, Ala: Alabama Cooperative Extension System; 2000.

Struempfer B, Parmer S. *Yummy in the Tummy with a Happy Plate.* Auburn, Ala: Alabama Cooperative Extension System; 2000.

Struempfer B, Parmer S. *NEP Shopping List.* Auburn, Ala: Alabama Cooperative Extension System; 2000.

Struempfer B. *Quick Meals for the Family.* Auburn, Ala: Alabama Cooperative Extension System; 1999; HE-253.

Struempfer B, Hayner D. *Come and Get It.* Auburn, Ala: Alabama Cooperative Extension System: 1999. *NOTE: National Extension Association of Family and Consumer Sciences, Southern Region Finalist. Florence Hall Award.*

Struempfer B. *There's No One Perfect Body Size for a Teenager.* Auburn, Ala: Alabama Cooperative Extension System; 1998; YHE-158.

Struempfer B. *Mom's Helper.* Auburn, Ala: Alabama Cooperative Extension System: 1998; EFNEP-031 (packet logo).

Struempfer B. *Stop! I am Hungry.* Auburn, Ala: Alabama Cooperative Extension System: 1998; EFNEP-123c

Struempfer B. *Mom's Helper Certificate.* Auburn, Ala: Alabama Cooperative Extension System: 1998.

Marshall A, **Struempfer B.** *Today's Mom.* Auburn, Ala: Alabama Cooperative Extension System; 1998.

Struempfer B. *Nutrition Primer.* Auburn, Ala: Alabama Cooperative Extension System: 1998; HE-192.

Struempfer B. *A Taste of Tex-Mex.* Auburn, Ala: Alabama Cooperative Extension System; 1998; YHE-226.

Struempfer B. *Groo-o-vy.* Auburn, Ala: Alabama Cooperative Extension System; 1998; YHE-73.

Struempler B, Marshall A. *Nutrition Education Program Placemats*. Auburn, Ala: Alabama Cooperative Extension System; 1998.

Struempler B. *Simply Good Cooking from Uniontown, Alabama*. Auburn, Ala: University Printing; 1997.

Struempler B, Marshall A. *Food News: Keep Food Safe*. Auburn, Ala: Alabama Cooperative Extension System; 1997; HE-743.

Struempler B, Marshall A. *Food News: Eating on the Run*. Auburn, Ala: Alabama Cooperative Extension System; 1996; HE-749.

Struempler B, Marshall A. *Food News: Reading the Food Labels*. Auburn, Ala: Alabama Cooperative Extension System; 1996; HE-745.

Struempler B, Marshall A. *Read the Food Label: Vitamin & Minerals*. Auburn, Ala: Alabama Cooperative Extension System; 1996; HE-755.

Struempler B, Marshall A. *Read the Food Label: Stop the Pounds*. Auburn, Ala: Alabama Cooperative Extension System; 1996; HE-756.

Struempler B, Marshall A. *Read the Food Label: Fiber*. Auburn, Ala: Alabama Cooperative Extension System; 1996; HE-754.

Struempler B, Marshall A. *Food News: Eat More With Less*. Auburn, Ala: Alabama Cooperative Extension System; 1995; HE-740.

Struempler B, Marshall A. *Food News: Food Guide Pyramid*. Auburn, Ala: Alabama Cooperative Extension System; 1995; HE-741.

Struempler B, Marshall A. *Food News: Eat Less Fat*. Auburn, Ala: Alabama Cooperative Extension System; 1995; HE-742.

Struempler B, Marshall A. *Keep Your Food Safe*. Auburn, Ala: Alabama Cooperative Extension System; 1995; HE-743.

Struempler B. *Fitness 7-Nutrition*. Auburn, Ala: Alabama Cooperative Extension System; 1995; HE-411.

Struempler B. *Fitness 7-Weight*. Auburn, Ala: Alabama Cooperative Extension System; 1995; HE-415.

Struempler B. *Eating Well for Less*. Auburn, Ala: Alabama Cooperative Extension System; 1995; HE-345.

Struempler B, Powell A. *Alabama Peaches*. Auburn, Ala: Alabama Cooperative Extension Service; 1994; HE-576.

Struempler B, Powell A. *Alabama Blueberries*. Auburn, Ala: Alabama Cooperative Extension Service; 1994; HE-579.

Struempler B, Powell A. *Alabama Strawberries*. Auburn, Ala: Alabama Cooperative Extension Service; 1994; HE-715.

Struempler B. *Food Guide Pyramid*. Auburn, Ala: Alabama Cooperative Extension Service; 1994; HE-707.

Struempler B, Jarrett J. *Feeding Baby and You*. Auburn, Ala: Alabama Cooperative Extension Service; 1994; HE-709.

Struempler B, Jarrett J. *The First Twelve Months*. Auburn, Ala: Alabama Cooperative Extension Service; 1994; HE-706.

Struempler B. *Read the Food Label for Less Fat*. Auburn, Ala: Alabama Cooperative Extension Service; 1994; HE-724.

Struempfer B, Brown A. *Food Labels: Reading Between the Lines*. Auburn, Ala: Alabama Cooperative Extension Service; 1993; HE-702.

Struempfer B, Brown A. *Food Labels*. Auburn, Ala: Alabama Cooperative Extension Service; 1993; HE-703.

Struempfer B, Jarrett J. *Hello Baby*. Auburn, Ala: Alabama Cooperative Extension Service; 1993; HE-704.

Struempfer B, Jarrett J. *Taking Good Care of Baby*. Auburn, Ala: Alabama Cooperative Extension Service; 1993; HE-705.

Struempfer B. *Heart Smart*. Auburn, Ala: Alabama Cooperative Extension Service; 1992; HE-693.

Struempfer B. *Keys to Smart Eating For People With Diabetes*. Auburn, Ala: Alabama Cooperative Extension Service; 1992; HE-692.

Fowlkes B, **Struempfer B**. *Easy Menu Planning for Day Care Providers*. Auburn, Ala: Alabama Cooperative Extension Service; 1992; HE-696.

Struempfer B. *Recipe for Healthful Eating*. Auburn, Ala: Alabama Cooperative Extension Service; 1992; HE-560. *NOTE: one out of 12 sections of an International Year of the Family Calendar.*

Struempfer B. *Food Facts & Fun*. Auburn, Ala: Alabama Cooperative Extension Service; 1991; HE-688.

Struempfer B. *Growing Up, Not Out*. Auburn, Ala: Alabama Cooperative Extension Service; 1991; HE-689. *NOTE: accompanies video.*

Struempfer B. *Fat Grams*. Auburn, Ala: Alabama Cooperative Extension Service; 1991; HE-690.

Struempfer B. *What Can I Eat If...* Auburn, Ala: Alabama Cooperative Extension Service; 1991; HE-691.

Struempfer B. *Diet Plan Trim & Slim II*. Auburn, Ala: Alabama Cooperative Extension Service; 1991; HE-272.

Struempfer B. *Daily Food Guide*. Auburn, Ala: Alabama Cooperative Extension Service; 1991; HE-133.

Struempfer B. *Nutri-Bites: Getting the Right Balance*. Auburn, Ala: Alabama Cooperative Extension Service; 1991; HE-614.

Struempfer B. *Fats and Cholesterol*. Auburn, Ala: Alabama Cooperative Extension Service; 1990; HE-435.

Struempfer B. *Good Nutrition Makes Cents*. Auburn, Ala: Alabama Cooperative Extension Service; 1990; HE-511.

Struempfer B. *Nutrition for a Healthy Pregnancy*. Auburn, Ala: Alabama Cooperative Extension Service; 1990; HE-431.

Struempfer B. *Nutrition for a Teenage Mother-to-be*. Auburn, Ala: Alabama Cooperative Extension Service; 1990; HE-432.

Struempfer B. *Nutrition for Nursing Mothers*. Auburn, Ala: Alabama Cooperative Extension Service; 1990; HE-433.

Struempfer B. *Breast Feeding vs Bottle Feeding*. Auburn, Ala: Alabama Cooperative Extension Service; 1990; HE-527.

Struempfer B. *Baby Formula and Baby Food*. Auburn, Ala: Alabama Cooperative Extension Service; 1990; HE-461.

Duncan S, **Struempfer B**. *First Year of Life Baby Calendar*. Auburn, Ala: Alabama Cooperative Extension Service; 1990; HE-655. *NOTE: received 2nd place in Agricultural Communicator in Education Award; Received*

two awards: (1) the Gold Award in the Diversity, Targeted Publications and (2) Outstanding Professional Skill Award for Diversity.

Struempler B. *Healthy Moms Have Healthy Babies*. Auburn, Ala: Alabama Cooperative Extension Service; 1990; HE-648.

Struempler B. *Common Problems during Pregnancy*. Auburn, Ala: Alabama Cooperative Extension Service; 1990; HE-649.

Struempler B. *It's Ok to Gain Weight*. Auburn, Ala: Alabama Cooperative Extension Service; 1990; HE-650.

Struempler B. *Nutri-bites*. Auburn, Ala: Alabama Cooperative Ext; 1989; HE-614.

Struempler B. *Vegetarian Diets*. Auburn, Ala: Alabama Cooperative Extension Service; 1989; HE-470.

Struempler B. *Healthier People*. Auburn, Ala: Alabama Cooperative Extension Service; 1989; HE-479.

Struempler B. *Healthier People*. Auburn, Ala: Alabama Cooperative Extension Service; 1989; HE-479a.

Struempler B. *Change Your Behavior to Control Your Weight*. Auburn, Ala: Alabama Cooperative Extension Service; 1989; HE-280.

Struempler B. *Daily Food Guide*. Auburn, Ala: Alabama Cooperative Extension Service; 1989; HE-133.

Struempler B. *Trim and Slim 1200 Calories*. Auburn, Ala: Alabama Cooperative Extension Service; 1989; HE-271a.

Struempler B. *Trim and Slim 1400 Calories*. Auburn, Ala: Alabama Cooperative Extension Service; 1989; HE-271b.

Struempler B. *Trim and Slim 1600 Calories*. Auburn, Ala: Alabama Cooperative Extension Service; 1989; HE-271c.

Struempler B. *Trim and Slim 1800 Calories*. Auburn, Ala: Alabama Cooperative Extension Service; 1989; HE-271d.

Struempler B. *Trim and Slim 2000 Calories*. Auburn, Ala: Alabama Cooperative Extension Service; 1989; HE-271e.

Struempler B. *Calories and Weight*. Auburn, Ala; Alabama Cooperative Extension Service; 1989; HE-478.

Struempler B. *Trim and Slim Diet Plan*. Auburn, Ala: Alabama Cooperative Extension Service; 1989; HE-272.

Struempler B. *Eating For Your Health*. Auburn, Ala: Alabama Cooperative Extension Service; 1987; HE-595.

Struempler B. *What Should You Eat To Stay Healthy*. Auburn, Ala: Alabama Cooperative Extension Service; 1987; HE-551.

Struempler B, Knight P. *Drug-Nutrient Interactions*. Auburn, Ala: Alabama Cooperative Extension Service; 1987; HE-594. *NOTE: distributed through the Veterans Hospital Administration in all states.*

Struempler B. *Baby Formula and Baby Food*. Auburn, Ala: Alabama Cooperative Extension Service; 1986; HE-461.

Struempler B. *Truths about Weight Control Myths*. Auburn, Ala: Alabama Cooperative Extension Service; 1986; HE-285.

Struempler B. *Nutrition for a Pregnancy*. Auburn, Ala: Alabama Cooperative Extension Service; 1985; HE-431 (insert).

Struempfer B. *Change Your Behavior to Control Your Weight.* Auburn, Ala: Alabama Cooperative Extension Service; 1985; HE-280.

Struempfer B. *Sodium and Potassium.* Auburn, Ala: Alabama Cooperative Extension Service; 1985; HE-426.

Struempfer B. *Breast vs Bottle.* Auburn, Ala: Alabama Cooperative Extension Service; 1984; HE-527.

Struempfer B. *Trim and Slim Learn-at-Home.* Auburn, Ala: Alabama Cooperative Extension Service; 1984; HE-548 (5 lessons). *NOTE: Received a National Merit Award from the Food and Drug Administration (FDA) and National Coalition for Consumer Education publication contest in 1988. The goal of the contest was to acknowledge high quality consumer education works and give them wide circulation. The private sector, FDA technological experts and legal consultants judged entries. Consumers could obtain Continuing Education Credits through Auburn University for completing this Learn-at-Home.*

Struempfer B. *Trim and Slim Fad Diets and Diet Aids.* Auburn, Ala: Alabama Cooperative Extension Service; 1984; HE-277.

Struempfer B. *Carbohydrates.* Auburn, Ala: Alabama Cooperative Extension Service; 1984; HE-436.

TECHNOLOGY DEVELOPMENT AND EDUCATION THROUGH EXTENSION (*Lead author listed first.*)

Helms S, **Struempfer B**, Lewis J, Pinkston L. *Today's Mom.* Auburn, Ala: Alabama Cooperative Extension System, 2014. *NOTE: Prenatal nutrition program for limited-resource individuals; Same name as previous edition, but completely redeveloped.*

Graham K, Parmer SM, **Struempfer B**, Gregg M. *Fiberlicious iPad App.* Auburn, Ala: Alabama Cooperative Extension System, 2012. *NOTE: iPad apps for education have been developed for Body Quest, a childhood obesity prevention program for elementary youth. Development team members are from Extension's Nutrition Education Program, Extension's 4-H Program and AU Department of Computer Science and Software Engineering.*

Gregg M, Parmer SM, Graham K, **Struempfer B**. *GrainoSupa iPad App.* Auburn, Ala: Alabama Cooperative Extension System, 2012. *NOTE: iPad apps for education have been developed for Body Quest, a childhood obesity prevention program for elementary youth. Development team members are from Extension's Nutrition Education Program, Extension's 4-H Program and AU Department of Computer Science and Software Engineering.*

Parmer SM, **Struempfer B**, Gregg M, Graham K. *Body Doctor iPad App.* Auburn, Ala: Alabama Cooperative Extension System, 2011. *NOTE: iPad apps for education have been developed for Body Quest, a childhood obesity prevention program for elementary youth. Development team members are from Extension's Nutrition Education Program, Extension's 4-H Program and AU Department of Computer Science and Software Engineering.*

Parmer SM, Graham K, **Struempfer B**, Gregg M. *Shining Rainbow iPad App.* Auburn, Ala: Alabama Cooperative Extension System, 2011. *NOTE: iPad apps for education have been developed for Body Quest, a childhood obesity prevention program for elementary youth. Development team members are from Extension's Nutrition Education Program, Extension's 4-H Program and AU Department of Computer Science and Software Engineering.*

Struempfer B, Parmer SM, Graham K, Gregg M. *Muscle Max iPad App.* Auburn, Ala: Alabama Cooperative Extension System, 2011. *NOTE: iPad apps for education have been developed for Body Quest, a childhood obesity prevention program for elementary youth. Development team members are from Extension's Nutrition Education Program, Extension's 4-H Program and AU Department of Computer Science and Software Engineering.*

Parmer SM, Gregg M, Graham K, **Struempfer B**. *Super Slurper iPad App.* Auburn, Ala: Alabama Cooperative Extension System, 2011. *NOTE: iPad apps for education have been developed for Body Quest, a childhood obesity prevention program for elementary youth. Development team members are from Extension's Nutrition*

Education Program, Extension's 4-H Program and AU Department of Computer Science and Software Engineering.

Struempler B. *Food Labels: Reading Between the Lines*. Auburn, Ala: Alabama Cooperative Extension Service; 1994. **Description: in-depth program on reading new food labels, 35 minutes.** *NOTE: Video was introduced nationally as part of a 60-minute satellite program.*

Struempler B, Fowlkes B. *Menu Planning in 12 Easy Steps*. Auburn, Ala: Alabama Cooperative Extension Service; 1994. **Description: program to assist daycare providers in planning nutritious meals, 11 minutes.** *NOTE: All 900 child care providers in the United States Department of Agriculture (USDA) Child and Adult Care Food Program in Alabama have been instructed by this video education.*

Struempler B. *Teen Nutrition (Part I)*. Auburn, Ala: Alabama Cooperative Extension Service; 1991. **Description: sensible eating choices for teens, 11 minutes.**

Struempler B. *Teen Nutrition (Part II)*. Auburn, Ala: Alabama Cooperative Extension Service; 1991. **Description: weight management for teens, 11 minutes.**

Struempler B. *Prime Time Nutrition (Part I)*. Auburn, Ala: Alabama Cooperative Extension Service; 1991. **Description: sensible eating for seniors, 20 minutes.**

Struempler B. *Prime Time Nutrition (Part II)*. Auburn, Ala: Alabama Cooperative Extension Service; 1991. **Description: easy exercises for seniors, 12 minutes.**

Struempler B. *Food Labeling Update*. Auburn, Ala: Alabama Cooperative Extension Service; 1991. **Description: update on the new food label for county agents, 5 minutes.** *NOTE: Segment was first introduced on the Alabama Cooperative Extension Service satellite program, Extension Today, December 10, 1991.*

Struempler B. *Nutrition and the Elderly*. Birmingham, Ala: Veterans Administration Hospital; 1990. **Description: update on nutrition for the elderly, 55 minutes.** *NOTE: Video was distributed nationally through Veterans Administration Hospital system.*

Struempler B. *Image Building*. Auburn, Ala: Alabama Cooperative Extension Service; 1988. **Description: the importance of image for Extension professionals, 5 minutes.** *NOTE: Segment was first introduced on the Alabama Cooperative Extension Service satellite program as part of a statewide in-service video training.*

Struempler B. *Cholesterol 200--Eating for Your Heart's Sake*. Auburn, Ala: Alabama Cooperative Extension Service; 1988. **Description: sensible food choices for lowering cholesterol, 15 minutes.** *NOTE: Alabama Extension began producing Level IV (highest quality) videos in FY 1987. This video was one of five for this year. According to video library records, this video was the most widely distributed Alabama Extension video nationally (n=35 states) and the most requested video statewide in 1998-90.*

Struempler B. *Dairy Does A Body Good*. Chicago, Ill: National Dairy Council; 1988. **Description: the importance of calcium to the body, 10 minutes and guide for youth education.** *NOTE: My role as a member of the national committee, Extension Advisory Council, provided advice and counsel on concepts and approaches for television advertisements, video and supplementary materials for the National Dairy Council.*

Zenoble O, **Struempler B.** *Mom To Be: It's O.K. To Gain Weight*. Auburn, Ala: Alabama Cooperative Extension Service; 1988. **Description: proper weight gain during pregnancy, 14 minutes.** *NOTE: Video has been purchased by 30+ states; used with Today's Mom curriculum. (40% contribution)*

Zenoble O, **Struempler B.** *Mom To Be: Old Wives' Tales For New Mothers*. Auburn, Ala: Alabama Cooperative Extension Service; 1988. **Description: myths during pregnancy, 19 minutes.** *NOTE: Video has been purchased by 30+ states; used with Today's Mom curriculum. (40% contribution)*

Zenoble O, **Struempler B.** *Mom To Be: Eating Right For Your New Baby*. Auburn, Ala: Alabama Cooperative Extension Service; 1988. **Description: overall good nutrition during pregnancy, 19 minutes.** *NOTE: Video has been purchased by 30+ states; used with Today's Mom curriculum. (40% contribution)*

Struempfer B. *Cooking Lite, Eating Right.* Auburn, Ala: Alabama Cooperative Extension Service; 1987. **Description: dietary modifications, 22 minutes.** NOTE: According to video library records, this video was the most widely distributed Alabama Extension video nationally (n=25 states) and the most requested video statewide in 1987.

Struempfer B. *Eating For Your Health.* Auburn, Ala: Alabama Cooperative Extension Service; 1987. **Description: importance of and how to eating healthy, 15 minutes.** NOTE: Alabama Extension began producing Level IV (highest quality) videos in FY 1987. This video was the first Level IV (highest quality) video produced by Alabama Extension. Used in NF112, Nutrition and Man.

Struempfer B. *Health Related Fitness In-Service Training.* Auburn, Ala: Alabama Cooperative Extension Service; 1987. **Description: exercise training video, 30 minutes.** NOTE: This video was one of the first training tapes in the Alabama Extension video library.

MANUALS, CURRICULA, TEACHING TOOLS AND EVALUATIONS DEVELOPED (Lead author listed first.)

Gregg M, **Struempfer B**, Parmer S. *Body Quest: Food of the Warrior Leader's Guide.* Auburn, Ala: Alabama Cooperative Extension System; 2011; NEP-156. **Description: Curriculum is taught via iPad apps to help prevent childhood obesity in elementary youth.**

Struempfer B, Parmer SM, Smith S. *Body Quest: Challenge, Part 1 and Part 2.* Auburn, Ala: Alabama Cooperative Extension System; 2011. NOTE: Part of the assessment tools for *Body Quest*; NEP-164A and 164B.

Struempfer B, Parmer SM, Smith S. *Body Quest Tastings (includes 13 tastings).* Auburn, Ala: Alabama Cooperative Extension System; 2011. NOTE: Part of the assessment tools for *Body Quest*; NEP-163A-L.

Douglas A, Parmer SM, **Struempfer B.** *Body Quest: Food of the Warrior Technology Survey Booklet.* Auburn, Ala: Alabama Cooperative Extension System; 2011; NEP-167.

Struempfer B, Parmer S. *The Price is Right.* Auburn, Ala: Alabama Cooperative Extension System: 2009. **Description: The Price is Right is an engaging presentation about finding the best buy for food.**

Struempfer B, Parmer S. *What's for Lunch.* Auburn, Ala: Alabama Cooperative Extension System: 2007. **Description: What's for Lunch reports self-reported fruit and vegetable consumption by elementary students. This tool helps detect behavior change in conjunction with the Nutrition Education Program.**

Struempfer B, Parmer S. *Yummy Face.* Auburn, Ala: Alabama Cooperative Extension System: 2006. **Description: Yummy Face is a knowledge-based evaluation tool used with second graders participating in the Nutrition Education Program.**

Struempfer B, Parmer S. *Fruity Friends.* Auburn, Ala: Alabama Cooperative Extension System: 2006. **Description: Fruity Friends is a knowledge-based evaluation tool used with third graders participating in the Nutrition Education Program.**

Struempfer B, Parmer S. *Professor Green Bean.* Auburn, Ala: Alabama Cooperative Extension System: 2006. **Description: Professor Green Bean is a knowledge-based evaluation tool used with second graders participating in the Nutrition Education Program.**

Struempfer B, Raby A. *Pizza Please.* Auburn, Ala: Alabama Cooperative Extension System; 2003. **Description: Pizza Please is an integrated and enjoyable game and evaluation for 2nd and 3rd graders.**

Struempfer B, Eck S. *Once Upon a Time In America.* Auburn, Ala: Alabama Cooperative Extension System; 2000. **Description: Once Upon a Time in America is an integrated and enjoyable game and evaluation for fourth and fifth graders.)**

Struempfer B, Hayner D. *Come and Get It.* Auburn, Ala: Alabama Cooperative Extension System; 2000. **Description: Come and Get It is an integrated and enjoyable game and evaluation for four, five and six year olds. It is a highly motivational sticker game, integrated with a language-rich rhyme, "An Old**

Farmer.” Come and Get It familiarizes young students with agricultural concepts and environments. It allows educators to determine if students know the origin of some commonly eaten foods. NOTE: (1) Received National Extension Association of Family and Consumer Sciences, Southern Region Finalist. Florence Hall Award and (2) National Extension Association of Family and Consumer Sciences, Alabama Affiliate. Program Excellence through Research Award.

Struempler B, Parmer S. *Who wants to be a millionaire...and a nutrition whiz?* Auburn, Ala: Alabama Cooperative Extension System; 2000. Description: This nutrition packet consists of 18 overheads with nutrition questions in the “millionaire” format. Packet also includes answer sheet and ideas for playing game.

Struempler B, Cobrin S. *Feed Your Mind.* Auburn, Ala: Alabama Cooperative Extension System; 1999. Description: Feed Your Mind is an interactive nutrition game for teenagers. It’s a game like no other. While playing Feed Your Mind, an evaluation questionnaire can be used simultaneously to assess the nutrition knowledge and behavior changes of teenager. NOTE: Received National Extension Association of Family and Consumer Sciences, Alabama Affiliate. Program Excellence through Research Award.

Struempler B. *Mom’s Helper: An In-Home Breastfeeding Education and Support Program.* Auburn, Ala: Alabama Cooperative Extension System; 1999. Description: In-depth curriculum provides (1) information about breastfeeding and (2) policy and procedures for EFNEP Program Assistants to follow when implementing Mom’s Helper.

Struempler B. Jones F. *Simply Good Cooking.* Auburn, Ala: Alabama Cooperative Extension System; 1997. Description: nutrition program feature recipe modification for healthy (and tasty) eating for African-Americans; eight lessons are: (1) The ABC's of Fats, Oils, and Cholesterol, (2) Trimming the Fat from our Diets, (3) Reducing the fact in Baked Foods, (4) Heart Smart, (5) Fat Grams, (6) Sodium and Healthy Blood Pressure, (7) Using Less Fat, Salt, and Sugar, (8) Variety: Putting the Pyramid Together.

Dicken B., Minniefield D., Struempler B. *Meal Time Family Time.* Auburn, Ala: Alabama Cooperative Extension System; 1996. Description: program to teach limited-resource parents how to choose and prepare healthful family meals; six lessons are: (1) Nutrition Basics, (2) Family Meal Time, (3) Feeding Children, (4) Concepts of Menu Planning, (5) Money-WiSe Food Shopping, (6) Food Handling and Safety Practices for Children.

Struempler, B. *Eating Right is Basic.* Auburn, Ala: Alabama Cooperative Extension System; 1996. NOTE: original curriculum from Michigan; major revisions made for use in Alabama's Nutrition Education Program.

McLean R, Struempler B. *Play it Safe Bingo.* Auburn, Ala: Alabama Cooperative Extension System; 1996.

Struempler B, Jelinek S. *Salt & Pepper.* Auburn, Ala: Alabama Cooperative Extension System; 1996.

Struempler B, Sealey-Potts C. *Let's Eat.* Auburn, Ala: Alabama Cooperative Extension System; 1995. Description: program to teach limited-resource adults how to choose and prepare healthful foods; six lessons are: (1) Variety: Putting the Pyramid Together, (2) Fats and Cholesterol: Easy Does It, (3) Food Labels: Reading Between the Lines, (4) Fast Food: Eating on the Run, (5) Nutri-WiSe with Labels: Eat More on Less, (6) Keeping Foods Safe: Better Safe than Sorry. (95% contribution).

Struempler B, Sealey-Potts C. *Good Food, Good Health.* Auburn, Ala: Alabama Cooperative Extension System; 1995. Description: program to teach limited-resource seniors how to choose and prepare healthful foods; six lessons are: (1) Variety: Putting the Pyramid Together, (2) Fats and Cholesterol: Easy Does It, (3) Food Labels: Reading Between the Lines, (4) Fiber Finds: Making Roughage Work for You, (5) Nutri-WiSe with Labels: Eat More on Less, (6) Keeping Foods Safe: Better Safe than Sorry.

Struempler B, Sealey-Potts C, Derrig J. *Nutrition Activities Sourcebook, Volume I.* Auburn, Ala: Alabama Cooperative Extension System; 1995. Description: nutrition lesson plans and activities on Breakfast, Calorie Counting, Dairy Foods, Eating Out, Fats & Cholesterol, Fiber, Food Labels, Food Safety.

Struempler B, Sealey-Potts C, Derrig J. *Nutrition Activities Sourcebook, Volume II.* Auburn, Ala: Alabama Cooperative Extension System; 1995. Description: nutrition lesson plans and activities on Fruits and Vegetables, Kitchen Safety, Smart Shopping, Snacks, Sodium, Sugar, Variety of Foods.

Struempler B, Sealey-Potts C. *Food Demonstration Packet*. Auburn, Ala: Alabama Cooperative Extension System; 1995. **Description: food demonstration recipes; food demonstration instructions.**

Struempler B. *Eating Right is Basic Leader Guide*. Auburn, Ala: Alabama Cooperative Extension System; 1995. **Description: guide for *Eating Right is Basic* curriculum.**

Struempler B, Jarrett J. *Today's Mom*. Auburn, Ala: Alabama Cooperative Extension System; 1994. **Description: Curriculum to teach limited-resource women sensible nutrition during pregnancy.** *NOTE: Since Alabama had the highest infant mortality rate of any state in the nation, Today's Mom was developed in 1987. The main contributor to high infant mortality rate is infants of low birthweight, or less than 5½ pounds. In addition, a prenatal weight gain of 25 to 35 pounds is recommended for healthy babies at birth. Every year for the last eight years (1988-1996), an average birthweight of approximately 7⁺ pounds is found in about 1,600 Today's Mom infants born to limited-resource mothers at greatest risk for low birthweight infants. Mothers ranged in age from 13 to 41 years; 45 percent are teenagers. In general, an average prenatal weight gain of 31 pounds is self-reported by the mothers. NOTE: Received (1) Alabama Cooperative Extension Service Epsilon Sigma Phi. Certificate of Merit, 1992, (2) Alabama Cooperative Extension Service. Teamwork in Extension Award for Today's Mom Program, 1991 and (3) United States Department of Agriculture. Superior Service National Group Award for Today's Mom Program, 1991.*

Struempler B, Gaines M, Lovelace D. *Mom's Helper*. Auburn, Ala: Alabama Cooperative Extension System; 1994. **Description: program to encourage pregnant females and new moms to breastfeed; manual includes subject matter material, computerized reporting forms, policy and procedure forms.** *NOTE: An Alabama health objective for 2000, as well as a national goal, is to increase to 75 percent the proportion of mothers who breastfeed for six weeks. After the two-year pilot study of the Mom's Helper program, the breastfeeding rate increased from 6 percent to 35 percent in 310 females (66 percent were single; 32 percent had no high school diploma) in rural Alabama (Pickens, Hale, Greene and rural Tuscaloosa counties).*

Struempler B. *Take the Lean Step, Stop Those Extra Pounds*. Auburn, Ala: Alabama Cooperative Extension System; 1992. **Description: curriculum to educate people to decrease dietary fat; four lessons are (1) Beat the Fat Habit, (2) Trim the Fat from Your Budget, (3) Eat Leaner in the Fast Lane, (4) Step to a Leaner You; support materials include 91 camera-ready masters for transparencies, 47 handouts, a leader's guide.** *NOTE: In 1995, County Agents indicated that 10,879 individuals participated in Lean Step. In a 1993 evaluation of Lean Step, program participants (n=378: 92 percent were female; 91 females lost a total of 668 pounds) in five counties were mailed an evaluation; 36 percent returned the survey. Respondents indicated that after attending Lean Step twice as many participants now choose foods with fewer calories and eat fattening foods less often; three times as many participants indicated more awareness of the hidden fats in fast foods and read food labels most of the time; four times as many now choose food with less fat; and seven times as many indicated they now count fat grams in foods.*

Struempler B. *Prime Time Nutrition...For Mature Individuals Only*. Auburn, Ala: Alabama Cooperative Extension System; 1992. **Description: curriculum to encourage older persons to make simple lifestyle changes to improve quality of life; support materials include two videos, media releases, leader's guide.**

Blount L, Goebel V, **Struempler B**, Crayton E. *Today's Mom Program Manual*. Auburn, Ala: Alabama Cooperative Extension System; 1991. **Description: curriculum to teach limited-resource women sensible nutrition during pregnancy; policy and procedure manual.**

GRANT PROPOSALS FUNDED (through an Extension appointment)

Struempler B. *Food Stamp Project Nutrition Education Program*. U.S. Department of Agriculture, Food and Nutrition Service. \$4,319,710. Project period October 2014 - September 2015. (Role: PI and Nutritionist)

Struempler B, et al. *Engaging Communities to Reduce and Prevent Obesity in 14 High-Obesity Alabama Counties*, Centers for Disease Prevention and Control. \$791,222 Year 1. Project period September 2014 – August 2016. (Role: Lead Co-PI and Fiscal)

Struempler B. *Food Stamp Project Nutrition Education Program*. U.S. Department of Agriculture, Food and Nutrition Service. \$3,829,598. Project period October 2013 - September 2014. (Role: PI and Nutritionist)

Struempfer B. *Food Stamp Project Nutrition Education Program.* U.S. Department of Agriculture, Food and Nutrition Service. \$3,421,924. Project period October 2012 - September 2013. (Role: PI and Nutritionist)

Struempfer B. *Food Stamp Project Nutrition Education Program.* U.S. Department of Agriculture, Food and Nutrition Service. \$3,241,233. Project period October 2011 - September 2012. (Role: PI and Nutritionist)

Struempfer B. *Food Stamp Project Nutrition Education Program.* U.S. Department of Agriculture, Food and Nutrition Service. \$3,171,583. Project period October 2010 - September 2011. (Role: PI and Nutritionist)

Zizza C, Henton J, Giles H, **Struempfer B.** *Ending Childhood Hunger by 2015.* Jessie Ball duPont Fund. \$75,000. Project period January 2010 – December 2010. **Note: An additional \$62,495 was provided as match by the College of Human Sciences for a project total of \$137,495.** (Role: Nutritionist)

Struempfer B. *Food Stamp Project Nutrition Education Program.* U.S. Department of Agriculture, Food and Nutrition Service. \$3,155,014. Project period October 2009 - September 2010. **NOTE: An additional \$3,155,014 will be provided as match by the Alabama Cooperative Extension System for project total of \$6,210,028. First year for Maximus, a county assessment consulting firm; increased NEP funding by \$629,301.** (Role: PI and Nutritionist)

Struempfer B. *Food Stamp Project Nutrition Education Program.* U.S. Department of Agriculture, Food and Nutrition Service. \$2,555,129. Project period October 2008 - September 2009. **NOTE: An additional \$2,558,414 will be provided as match by the Alabama Cooperative Extension System for project total of \$5,113,543.** (Role: PI and Nutritionist)

Struempfer B. *Food Stamp Project Nutrition Education Program.* U.S. Department of Agriculture, Food and Nutrition Service. \$2,275,849. Project period October 2007 - September 2008. **NOTE: An additional \$2,276,366 will be provided as match by the Alabama Cooperative Extension System for project total of \$4,552,216.** (Role: PI and Nutritionist)

Struempfer B. *Food Stamp Project Nutrition Education Program.* U.S. Department of Agriculture, Food and Nutrition Service. \$2,101,985. Project period October 2006 - September 2007. **NOTE: An additional \$2,101,985 will be provided as match by the Alabama Cooperative Extension System for project total of \$4,203,021.** (Role: PI and Nutritionist)

Struempfer B. *Food Stamp Project Nutrition Education Program.* U.S. Department of Agriculture, Food and Nutrition Service. \$1,722,331. Project period October 2005 - September 2006. **NOTE: An additional \$1,722,331 will be provided as match by the Alabama Cooperative Extension System for project total of \$3,115,000.** (Role: PI and Nutritionist)

Struempfer B. *Food Stamp Project Nutrition Education Program.* U.S. Department of Agriculture, Food and Nutrition Service. \$1,534,677. Project period October 2004 - September 2005. **NOTE: An additional \$1,580,332 will be provided as match by the Alabama Cooperative Extension System for project total of \$3,115,000.** (Role: PI and Nutritionist)

Struempfer B. *Food Stamp Project Nutrition Education Program.* U.S. Department of Agriculture, Food and Nutrition Service. \$6,324,690. Project period October 2003 - September 2004. **NOTE: An additional \$6.3 million will be provided as match by the Alabama Cooperative Extension System for project total of more than \$12 million.** (Role: PI and Nutritionist)

Johnson M, **Struempfer B.** *Food Stamp Project Nutrition Education Program.* U.S. Department of Agriculture, Food and Nutrition Service. \$6,454,303. Project period October 2002 - September 2003. **NOTE: An additional \$6.4 million will be provided as match by the Alabama Cooperative Extension System for project total of more than \$12 million.** (Role: Co-PI and Nutritionist)

Johnson M, **Struempfer B,** Turner J. *Food Stamp Project Nutrition Education Program.* U.S. Department of Agriculture, Food and Nutrition Service. \$5,507,592. Project period October 2001 - September 2002. **NOTE: An additional \$5.5 million will be provided as match by the Alabama Cooperative Extension System for project total of more than \$10 million.** (Role: Co-PI and Nutritionist)

Johnson M, **Struempler B**, Turner J. *Food Stamp Project Nutrition Education Program*. U.S. Department of Agriculture, Food and Nutrition Service. \$4,381,367. Project period October 2000 - September 2001. **NOTE: An additional \$4.4 million will be provided as match by the Alabama Cooperative Extension System for project total of more than \$8 million.** (Role: Co-PI and Nutritionist)

Johnson M, **Struempler B**, Turner J. *Food Stamp Project Nutrition Education Program*. U.S. Department of Agriculture, Food and Nutrition Service. \$3,299,757. Project period October 1999 - September 2000. **NOTE: An additional \$3.5 million will be provided as match by the Alabama Cooperative Extension System for project total of more than \$6 million.** (Role: Co-PI and Nutritionist)

Struempler B. *Peer Support Intervention for Cardiovascular Risk among African American Women, Aged 40 and Older*. National Institutes of Health, subcontract with University of Alabama at Birmingham. \$14,215. Project period September 30, 1999 - September 29, 2000. (Role: PI and Nutritionist)

Struempler B. *Peer Support Intervention for Cardiovascular Risk among African American Women, Aged 40 and Older*. National Institutes of Health, subcontract with University of Alabama at Birmingham. \$12,000 for a graduate student assistantship. Project period September 30, 1999 - September 29, 2000. (Role: PI and Nutritionist)

Struempler B. *Peer Support Intervention for Cardiovascular Risk among African-American Women, Ages 40 and Older*. National Institutes of Health, subcontract with University of Alabama at Birmingham. \$14,215. Project period September 30, 1998 - September 28, 1999. (Role: PI and Nutritionist)

Struempler B. *Peer Support Intervention for Cardiovascular Risk among African American Women, Aged 40 and Older*. National Institutes of Health, subcontract with University of Alabama at Birmingham. \$12,000 for a graduate student assistantship. Project period September 30, 1998 - September 29, 1999. (Role: PI and Nutritionist)

Johnson M, **Struempler B**, Turner J. *Food Stamp Project Nutrition Education Program*. U.S. Department of Agriculture, Food and Nutrition Service. \$2,725,225. Project period October 1998 - September 1999. **NOTE: An additional \$2.5 million will be provided as match by the Alabama Cooperative Extension System for project total of more than \$5 million.** (Role: Co-PI and Nutritionist)

Struempler B. *Peer Support Intervention for Cardiovascular Risk among African American Women, Aged 40 and Older*. National Institutes of Health, subcontract with University of Alabama at Birmingham. \$42,865. Project period September 30, 1997 - September 29, 1998. **NOTE: An additional \$15,000 was awarded for a research assistantship through the University of Alabama at Birmingham.** (Role: PI and Nutritionist)

Johnson M, **Struempler B**, Turner J. *Food Stamp Project Nutrition Education Program*. U.S. Department of Agriculture, Food and Nutrition Services. \$2,374,974. Project period October 1997 - September 1998. **NOTE: An additional \$2.5 million will be provided as match by the Alabama Cooperative Extension System for project total of more than \$5 million.** (Role: Co-PI and Nutritionist)

Johnson M, **Struempler B**, Turner J. *Food Stamp Project Nutrition Education Program*. Department of Agriculture Food and Consumer Services. \$2,563,730. Project period October 1996 - September 1997. **NOTE: An additional \$2.5 million will be provided as match by the Alabama Cooperative Extension System for project total of more than \$5 million.** (Role: Co-PI and Nutritionist)

Struempler B. *Peer Support Intervention for Cardiovascular Risk among African American Women, Aged 40 and Older*. National Institutes of Health, subcontract with University of Alabama at Birmingham. \$80,307. Project period October 1995 - September 1997. **NOTE: An additional \$45,000 was awarded for a 3-year Auburn University research assistantship through the University of Alabama at Birmingham.** (Role: PI and Nutritionist)

Jelinek S, **Struempler B**, Johnson M. *Food Stamp Education (Nutrition) Network*. U.S. Department of Agriculture Food and Consumer Service. \$99,949. Project period October 1996 - December 1997. (Role: Nutritionist)

Struempler B. *Nutrition Network Plan*. U.S. Department of Agriculture Food and Consumer Service. \$93,916. Project period October 1995 - September 1996. (Role: PI and Nutritionist)

Struempler B, Turner J, Johnson M. *Nutrition Education Plan*. U.S. Department of Agriculture Food and Consumer Services. \$1,200,000. Project period October 1995 - September 1996. **NOTE: In addition, \$1.2 million provided was match by the Alabama Cooperative Extension System for project total of \$2,400,000.** (Role: Co-PI and Nutritionist)

Struempler B. *Mom's Helper*. U.S. Department of Agriculture Cooperative Extension Service. \$92,000. Project period October 1992 - September 1995. (Role: PI and Nutritionist)

Struempler B. *5-A-Day Focus Groups*. Alabama Association of Family and Consumer Sciences. \$500. Project period May 1994 - April 1995. (Role: PI and Nutritionist)

Struempler B. *Physicians' Alabama Opportunity Fair*. Alabama Family Practice Rural Health Board. \$20,000. Project period January 1992 - December 1992. (Role: Project director)

Struempler B. *Healthy Beginnings Newsletter*. March of Dimes, Southern Region. \$5,000. Project period January 1991 - December 1991. (Role: PI and Nutritionist)

Struempler B. *Healthy Beginnings Newsletter*. March of Dimes, Northern Region. \$10,000. Project period January 1991 - December 1991. (Role: PI and Nutritionist)

Grant – pending

Struempler B. *Food Stamp Project Nutrition Education Program*. U.S. Department of Agriculture, Food and Nutrition Service. \$4,319,710. Project period October 2014 - September 2015. (Role: PI and Nutritionist),

Gifts to Support Education

Physicians' Alabama Opportunity Fair 1993

\$ 1,000 Coastal Insurance

\$ 1,000 Mutual Insurance

Area Meetings: Description: During 1985-92, cluster-county area meetings were held for consumers. The Alabama Cooperative Extension Service in cooperation with the University of Alabama at Birmingham sponsored them. Each annual update included 12 meetings and was attended by approximately 2,500 consumers. Solicited donations to support the meetings are listed below.

Arthritis Update '92

\$10,000 Pfizer Pharmaceutical, Birmingham, Ala

Alzheimer's Update '91

\$ 1,000 Auburn University Center on Aging

\$ 1,000 CHEP/TAHEC, Inc., Department of Veterans Affairs Medical Center, Tuskegee

\$ 1,000 University of Alabama at Birmingham Center for Aging

Health Update '89: Arthritis/Cholesterol 200

\$ 1,000 Auburn University Center on Aging

\$ 1,000 CHEP/TAHEC, Inc., Department of Veterans Affairs Medical Center, Tuskegee

\$ 1,000 University of Alabama at Birmingham Center for Aging

Aging Update '88

\$ 2,000 Auburn University Center on Aging

\$ 2,000 CHEP/TAHEC, Inc., Department of Veterans Affairs Medical Center, Tuskegee

\$ 2,000 Alabama Gerontological Society

Diabetes Update '87

\$ 5,000 University of Alabama at Birmingham Diabetes Hospital

\$ 900 Food World, Birmingham, Ala

Cardiovascular Update '86

(NOTE: Received First Annual Governor's Health Award, Alabama Department of Public Health, for exemplary statewide health program, 1987)

- \$ 3,000 University of Alabama at Birmingham School of Public Health
- \$ 2,000 American Heart Association/Alabama Affiliate
- \$ 1,200 Food World, Birmingham, Ala
- \$ 1,000 Cooperative Health Manpower Education Program, Tuskegee, Alabama
- \$ 1,000 Alabama Commission on Aging
- \$ 500 Alabama Department of Public Health
- \$ 250 Alabama Gerontological Society
- \$ 250 University of Alabama at Birmingham Center for Aging

Arthritis Update '85

- \$10,000 Pfizer Pharmaceutical, Birmingham, Alabama
- \$ 1,033 Arthritis Foundation/Alabama Affiliate

Alabama Harco Health Fair 1987-88

- \$ 1,000 Harco Drug Store, Tuscaloosa, Ala

Cholesterol 200 Worksite Wellness Program, 1988-89

- \$ 500 Ciba-Giegy Corporation, McIntosh, Ala

75th Extension Home Economics Anniversary 1986

- \$ 2,000 Farm Bureau, Montgomery, Ala
- \$ 100 Winn-Dixie, Montgomery, Ala

AUBURN UNIVERSITY COLLEGIATE ASSIGNMENTS *(selected; those listed in bold are significant)*

Member, Senate Ad Hoc Committee on Strategic Budgeting, 2014 - present

Member, Committee on Intercollegiate Athletics, 2007- present

Chair, NCAA Compliance Seminar Series, 2011

Chair, Academic Standards Subcommittee, 2007-11

Member, Student Athlete Support Services Advisory Board, 2007-present

Chair, Academic Integrity, Athletics Department, 2005-06

Member, Exit Interviews, Athletics Department, 2006-07

Member, Substance/Alcohol Abuse Commission, 2004

Faculty Advisor, Auburn University Board of Trustees, 2002-04

Member, President's Administrative Council, 2003-04

Chair, Faculty Senate, 2002-03

Member, I-85 Corridor Development Task Force, 2002-03

Chair, Faculty Handbook Review Committee, 1999-2000

Member, Faculty Handbook Review Committee, 1998-99

Secretary, Faculty Senate, 1996

Secretary-elect, Faculty Senate, 1995

Member, Rules Committee, 1995-97
Member, Steering Committee, 1995-97
Chair, Student Health Committee, 1994-95
Member, Student Health Committee, 1992-94
Member, Grievance Committee, 1992-95
Member, Faculty Senate Nominating Committee, 1993
Member, Executive Committee, 1990-92

PROFESSIONAL ASSOCIATIONS

National Extension Association of Family and Consumer Sciences (2003-Present)
Co-chair, Leaders Dinner for national meeting in 2009

Alabama Association of Family and Consumer Science, 1984-Present
Program Chair, 2004-05
Chair, Nutrition, Health and Food Management, 2000-2004
President, 1993-94
President-Elect, 1992-93
National Delegate, 1992-94
Co-Chair, International Year of the Family Fund Raiser, 1992
Chair, International Year of the Family Draw Your Family Contest, 1992
Chair, Food and Nutrition Committee, 1986-90
Certified Home Economist, 1987

Society of Nutrition Education, 1984-Present
Food and Nutrition Division Communicator, 2001-04
Reviewer for Books, *Journal of Nutrition Education*, 1985-Present

Member, Dietary Patterns vs. Chronic Diseases Evaluation Committee, 1987
Member, Nutrition at the Worksite Committee, 1987
Member, Speaker's Bureau and the Resource Guide, 1986-89
Secretary/Treasurer, Division of Higher Education, 1986

Journal of Nutrition for the Elderly. *Editorial Board*, 1997-2010.

Institute of Food Technologists, 1984-2006
Food Science Communicator, 1988-2006

SERVICE TO ALABAMA (*selected*)

Healthy Alabama 2000/2010 Nutrition Coalition
Treasurer, 2006-Present
Member, 1992-Present
1st Chair, 1992
Chair, Bylaws Committee, 1992-Present
Member, School Committee, 1994-Present
Co-Chair, Kickoff meeting, 1992
Treasurer, 2003-Present

Physicians' Alabama Opportunity Fair (PAOF), 1990-Present
Member, 1990-Present
Chair, 1992
Member, Community, 1990-Present