# New Graduate Students: Post-Arrival Checklist 1

Once you arrive at Auburn University, use this checklist to help you acclimate to campus

Welcome to the HDFS Auburn family! We're glad you're here!

# **ALL GRADUATE STUDENTS**

ACTIVATE AND CHECK YOUR EMAIL ACCOUNT  Every student is assigned an Auburn University account by the Office of Information Technology (OIT).  Visit <u>auburn.edu/activate</u> for instructions to enable your Auburn account. Once your account is activated, you will be able to log in to AU Access. You will also be able to log in to your Auburn email account, which will be the official form of communication from the university. It is important to activate your account first in this process, as you will need access to these tools to complete your admission acceptance.  Auburn email: <u>auburn.edu</u> AU Access: <u>auaccess.auburn.edu</u>
<b>GET YOUR TIGER CARD</b> As soon as possible, go to the Tiger Card office, located in 261 Foy Hall to get your Tiger Card (student ID). Tiger Card office hours are Monday through Friday from 7:45am to 4:45pm.
FIND HOUSING (if you have not already obtained and secured housing) Auburn housing guide for international graduate students: <a href="http://graduate.auburn.edu/wp-content/uploads/2021/06/Auburn-Relocation-Guide-21-22.pdf">http://graduate.auburn.edu/wp-content/uploads/2021/06/Auburn-Relocation-Guide-21-22.pdf</a> Hayley Management: <a href="https://www.hayleymanagement.com/vacancies">https://www.hayleymanagement.com/vacancies</a> Northcutt Realty:
REGISTER FOR CLASSES (if you have not already done so)
<b>ATTEND THE GRADUATE STUDENT WELCOME BREAKFAST &amp; RESOURCE FAIR</b> (watch email for more information on location and time)
<b>CHECK IN WITH Leanne Marshall</b> (Program Administer – email: Imm0084@auburn.edu) as she handles the paperwork (international individuals' tax information) for international students' assistantships to make sure your paperwork is in order so you can receive your stipend on time.
<b>GRADUATE STUDENT FEES</b> graduate students are charged fees in addition to tuition that are not covered by assistantships or tuition waivers. For a list of fees, click <a href="here">here</a> .

<sup>&</sup>lt;sup>1</sup> Although this document was originally created for our international graduate students, it is our hope that our domestic graduate students find it useful, too

## INTERNATIONAL GRADUATE STUDENTS

- CHECK IN WITH THE OFFICE OF INTERNATIONAL PROGRAMS. *Immediately upon arrival,* all international students must check in at the Office of International Programs (OIP) at Auburn University.
  - All international students must complete the online <u>Check-in Form</u> after they arrive in the U.S., but before their check-in and orientation session.
  - Secondly, international students must pre-register for a check-in and orientation session.
    - Location: Foy Hall Computer Lab 213 (see Google map)
    - Sessions start exactly at 9:00am. Please plan to arrive to Foy Hall about 15 minutes prior to the start of the session you select.
  - Students are required to bring their original I-20/DS-2019, passport, visa and acceptance letter to their check-in session. Students with accompanying dependents in F-2 or J-2 visa status should bring their dependents and their documents with them to ISSS to check-in as well. Only the primary F-1/J-1 should sign up to register.

Complete the <u>required medical documents and proof of immunizations</u> . The online portal is only accessible from a US IF
address, so prepare your documents in advance and complete this step once you are in the U.S. Please note, a medical
records hold prevents course registration, so complete this as soon as possible.

## ☐ COVID-19 AND QUARANTINE

If you are fully vaccinated within the last 6 months or you are fully vaccinated and have received your booster:

- No quarantine is required **unless** you develop symptoms.
- Consider getting tested 5 days after you return from travel.
- Watch for symptoms until 10 days after your travel.
- If you develop <u>symptoms</u>, <u>isolate</u> immediately and get tested. Continue to stay home until you know the results.

Note: You are considered fully vaccinated two weeks after you get your second dose of Pfizer or Moderna, or two weeks after a single dose of the Johnson & Johnson vaccine.

#### If you are NOT vaccinated or up to date with your COVID-19 vaccine or booster you are recommended to:

- Stay home and <u>self-quarantine</u> for a full **5 days** after travel.
- Consider getting tested 5 days after you return from travel.
- Watch for symptoms until 10 days after your travel.
- If you develop symptoms, isolate immediately and get tested. Continue to stay home until you know the results.

For more information on Auburn's response and Covid-19 protocols, testing, and more, visit the <u>AU Covid Resource Center site</u>.

## OTHER HELPFUL INFORMATION

#### Hotels within walking distance of campus

- The Hotel at Auburn University
- The Collegiate Hotel

## **Area Transportation Information**

- Lee County Transit
- Tiger Transit
- Auburn shopping shuttle
- Auto License Tags
- Alabama Driver Manuals
- Drivers Licenses \*

<sup>\*</sup>In order to obtain an Alabama driver's license, you must have at least 160 days remaining on your status. You will also need to obtain a letter from International Student and Scholar Services verifying your status.

#### **Mandatory Health Insurance Plan**

All registered students and dependents at the Auburn University are required to meet the university's health insurance mandate. Registered international Auburn University undergraduate and graduate students are automatically enrolled in the Auburn University International Student Health Insurance Plan as a way to meet this mandate.

Auburn University SHIP is a medical insurance plan, providing medical, counseling, and prescription services. <u>Learn about how to use SHIP here (including claims and billing)</u>. Remember, all students can use the AUMC, whether you waive SHIP or not.

The Health Insurance Plan is offered by United Healthcare. This plan is designed to be used in conjunction with the services of the Auburn University Medical Clinic. To obtain greatest benefits, you will need to utilize the <u>Student Health Service</u> first, where treatment will be administered or referral issued, except in the case of medical emergency, maternity, when away from campus or when the Student Health Service is closed.

The Auburn University Insurance Office can assist students and scholars with important services and information related to their health care plan, including: billing questions, policy questions, claim assistance, adding dependents, and insurance card distribution. For more information <u>click here</u>

#### WE ENCOURAGE YOU TO GET INVOLVED WHILE YOU'RE HERE!

The Auburn University Human Development and Family Science Graduate Student Organization (GSO) is an officially recognized student-led organization for HDFS graduate students. The GSO hosts social events, provides support and resources for HDFS graduate students, and other academic and professional activities.

The **Graduate Student Council (GSC)** is the only student-led organization representing the entirety of Auburn's graduate student population. The GSC serves as a liaison for graduate students to communicate with university administration and the Student Government Association, and provides both social and research showcase opportunities for a diverse graduate student body. The GSC is an advocate for graduate students on multiple issues, including health insurance, housing, and funding for academic-related travel. For more information about joining the GSC, visit the Graduate Student Council's page through AUInvolve, or follow the GSC on Facebook, Twitter, and Instagram.

The Auburn University Black Graduate and Professional Student Association (BGPSA) is a chapter of the National Black Graduate Student Association (NBGSA). The Auburn University BGPSA is an academic and professional organization that exists to address the unique needs and concerns of minority graduate and professional students, and to promote diversity within the Auburn community. The mission of the Auburn BGPSA is to advance the scholarly activity of minority students and to improve conditions of the social environment. Through the use of consistent social interaction and multi-cultural programming geared largely toward scholarship, career, and community assistance, the BGPSA fosters academic achievement, understanding of and respect for differences, and ultimately, the development of future minority leadership. For more information about joining the BGPSA, visit the BGPSA website or follow the BGPSA on Instagram or Twitter.

The International Student Organization's (ISO) mission is to improve multinational understanding and promote relationships between people of different cultures. The ISO is an umbrella organization to many other International Student Organizations. See the list of specific International Student Organizations at Auburn, their contacts, and links to their social media.

**African Students' Association (ASA)** helps newly arriving international students from the continent of Africa transition to academic life in Auburn and where African students meet to showcase their culture and find resources. <a href="https://auburn.campuslabs.com/engage/organization/asa">https://auburn.campuslabs.com/engage/organization/asa</a>

The **Office of Inclusion & Diversity** serves as a vital resource for building unity, equity, and inclusion in the Auburn University community. We recognize and value the considerable educational benefits emanating from diversity as we prepare our students for life and leadership in a multicultural world. Students who interact with and learn about people from a variety of backgrounds are more apt to understand, appreciate, and excel in the community they inhabit. Sign up for the OID newsletter to stay informed. <a href="https://diversity.auburn.edu/">https://diversity.auburn.edu/</a>

**Spectrum:** The gender and sexuality alliance at Auburn University: promotes mutually supportive relationships among all students in the interest of advancing campus and community diversity. Spectrum serves as a safe place for students who are part of gender, sexual, and romantic minorities (GSRMs), those who are still discovering themselves, and their allies to gather

and discuss topics that relate to them, as well as establish an environment free from discrimination based on sexual orientation as well as gender identity and expression. *All are welcome, and all meetings are confidential!* <a href="https://auburn.campuslabs.com/engage/organization/agsa">https://auburn.campuslabs.com/engage/organization/agsa</a>

Other international student organizations can be found <a href="here">here</a>.

# **IMPORTANT CAMPUS RESOURCES:**

- Graduate student calendar
- Human Development and Family Science
- Graduate Student Handbook
- AU Office of Accessibility
- Student Excellence Programs
- All gender restroom map
- How to update preferred name and personal pronouns in AU Banner
- Cross Cultural Center for Excellence
- Graduate School's Professional Development workshops & resources
- Graduate Student Council (GSC)
- Career Center
- Biggio Center
- Miller Writing Center
- <u>ePortfolio Studio</u>
- Auburn University Human Resources
- AU Libraries
- Health promotion and wellness services
- Fair Labor Standards Act
- Employee Rights
- Auburn University Food Pantry:

UFWH Auburn has established a Campus Food Pantry in the RBD Library Parking Lot entrance. This mini food pantry is free for use by students, staff, and faculty. Please support this initiative by contributing food items and if you need food, help yourself.

## • The Auburn University Student Affairs also maintains a food pantry:

for students on campus. Students are able to access the Campus Food Pantry once a week by visiting Lupton Hall. Check out the highlight "Get Here" on our **Instagram:** @au\_campusfoodpantry for assistance finding the location. Hours for the Spring 2023 semester are Mondays from 1:30 am - 3:30 pm, Tuesdays from 1:00 pm - 5:00 pm, Wednesdays from 8:00 am - 12:00 pm, and Thursdays from 1:00 pm - 5:00 pm.

#### • Career Clothes Closet:

Students have access to free professional attire for career affairs, interviews, networking events, and the workplace. Students wishing to visit the clothes closet should call (334) 844-4744 to schedule an appointment.

## • Mental Health and Stress Management:

Many students experience difficulties during college, either due to academic or personal reasons. Common stressors include medical issues, mental health problems, difficulty managing time effectively, increased anxiety, alcohol/drug problems, feeling down, difficulty concentrating, lack of motivation, personal or family crisis, illness, and/or injury. These life events can interfere with a student's ability to attain their goals, both inside and outside the classroom. Auburn Cares (aucares.auburn.edu) is designed to support students throughout their college career in order to best achieve their academic and co-curricular goals. In addition, Auburn University Student Counseling and Psychological Services (SCPS) provides brief, time-limited, and goal-oriented counseling and psychiatric services to the AU student community. Please contact the SCPS for more information or to schedule an appointment at 334-844-5123. Website: http://wp.auburn.edu/scs/

## • Auburn Campus Kitchen:

Provides free take-home or sit-down meals for Auburn communities every Friday <a href="https://auburn.campuslabs.com/engage/organization/thecampuskitchenatau">https://auburn.campuslabs.com/engage/organization/thecampuskitchenatau</a>

## The Shared Meal app:

Connects students to free food events on campus https://sharemeals.org/

- Office of Global Education (Spidle 334):
  - Provides snacks and instant meals in their office; anybody is welcome to just drop by and grab something part of their mission is to raise awareness of student hunger on campus.
- The Auburn University Ralph Brown Draughon Library rents laptop computers, long-term (1 year) and short-term (4 hours). <a href="https://www.lib.auburn.edu/">https://www.lib.auburn.edu/</a>
- Substance Use Services students are able to explore how their substance use may be impacting other areas of their life in a non-judgmental and safe environment. Furthermore, students are able to learn skills to reduce their risk for substance related consequences, including negative effects on health, academic performance, and finances. http://health.auburn.edu/alcohol-drugs/
- **Alcoholics Anonymous** is a fellowship of people who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. https://aaauburn.org/
- Additional resources for all students, staff, and faculty can be found here: <a href="https://www.auburn.edu/administration/campus-safety/resources.php">https://www.auburn.edu/administration/campus-safety/resources.php</a>

# **FAITH RELATED STUDENT ORGANIZATIONS ON CAMPUS**

- Auburn University Muslim Student Association
- Auburn University Hillel and Jewish Student Organization
- Auburn University Catholic Student Organization
- Auburn University Latter-day Saint Student Organization
- Auburn University Christian Student Center

# **GET OUT AND EXPLORE YOUR NEW HOME!**

- About the University
- Campus map
- Visitors Guide to campus
- About the Auburn Area
- City of Auburn
- Auburn Chamber of Commerce
- City of Opelika
- Opelika Chamber of Commerce
- AO Tourism
- Chewacla State Park
- Opelika Sportsplex
- Shopping
- Music and night life
- Recreation
- Arts and culture

#### **HOW TO REPORT A CRIME OR INCIDENT**

- Where to report an incident It is your right your choice to report the incident to the police or not. Reports made to the university and reports made to the police are separate and parallel. Utilizing campus resources, such as Safe Harbor or Student Counseling and Psychological Services, does not automatically require a report of the incident be made to the police. The Title IX Coordinator will not notify police, unless directed by the victim or if the victim is a minor (as required by Alabama law) but may conduct an investigation that could lead to university action.
- I don't know what to do Don't know where to start when you've experienced a crime? Start here.
- Sexual misconduct resources for students
- How to report a bias-related incident- A bias-related incident involves acts, behaviors, conduct or communications
  against a person, motivated by the offender's biases regarding age, disability, ethnicity, gender, gender
  identity/expression, nation origin/nationality, race, religion, sex, sexual orientation, veteran status, or other identity.
  These acts, behaviors, conduct or communications may produce an unwelcoming environment. Bias often stems
  from fear, misunderstanding, hatred, or stereotypes and may be intentional or unintentional.